

OLDER ADULTS RESOURCE DIRECTORY

Able Data

800-227-0216

8630 Fenton Street, Suite 930, Silver Spring, MD. 20910.

Federally funded, provides objective information on assistive technology and rehabilitation equipment to consumers, organizations, professionals, and caregivers.

www.abledata.com

About Elder Care

530-626-5900

1911 Douglasst 85/198 Roseville, Ca 95661

Free care facility referral & placement advisory services.

www.eldercareservices.com

Adult Protective Services of El Dorado County

530-642-4800

530-622-1543 Fax

3057 Briw Rd Placerville, Ca 95667

530-573-3207 SLT

3368 Lake Tahoe Blvd. South Lake Tahoe, Ca. 96150

Elder abuse reporting and protective services.

[http:// co.el-dorado.ca.us/humanservices/APS.html](http://co.el-dorado.ca.us/humanservices/APS.html)

A Helping Hand

530-647-0266

530-647-0278 Fax

6092 Pony Express Trail, Suite 101 Pollock Pines, Ca. 95726

Full service non- medical home care agency.

www.a-helpinghand.net

Al-Anon Support Group Information Services Crisis

916-334-2971

5429 Palm Ave Suite A, Sacramento, Ca. 95841

Meetings locally on Tuesdays, Thursdays & Fridays for friends/family of recovering alcoholics.

www.al-anonsf.org

Alcohol/ Drug Treatment

530-621-6146

Fax 530-295-2596

El Dorado County Public Health Department

941 Spring Street, Placerville Ca. 95667

<http://co.el-dorado.ca.us/services.html>

Alcohol Tobacco & Drug Prevention

530-621-6146

El Dorado County Health Department

670 Placerville Drive Suite R. Placerville, Ca. 95667

Prevention network, education information, stop smoking classes.

<http://co.el-dorado.ca.us/services.html>

Alcoholics Anonymous (AA)

650-577-1310

2215 South ElCamino STE 201 San Mateo, Ca 94403

24-hour answering service. Meeting daily in most communities. A worldwide fellowship of men and women helping each other to maintain sobriety and share recovery experience with others.

<http://www.usrecovery.info/AA/California.htm>

ALS Association

916-979-9265

2717 Cottage Way, Suite 17, Sacramento, Ca. 95825

Support for people with ALS (Lou Gehrigs Disease) and their families

www.alsa.org

Alta California Regional Center

530-626-1353

344 Placerville Drive Suite 1, Placerville, Ca. 95667

8:00am-4:00pm, Monday - Friday.

Diagnosis and evaluation, for the developmentally disabled.

<http://www.altaregional.org>

Alzheimer's Association of Northern California

916-930-9080 or 800-272-3900

530 Bercut Drive, Suite A., Sacramento, CA. 95814

Support, information, referrals to residential day care, facilities, physicians, elder law. attorneys, etc.

www.alznorcal.org

Alzheimer's Diagnostic and Treatment Center of UCD
916-734-5496

4860 Y Street, Suite 3900, Sacramento Ca. 95817

Multi-disciplinary, diagnostic evaluation . Medicare reimbursable. referrals from professionals or from family.

<http://alzheimer.ucdavis.edu/>

Alzheimer's Society of Northern California
800-540-3340

Fax 916-483-7469

2641 Cottage Way STE 4 Sacramento, Ca 95825

Provides families with education, support & referral services.

<http://www.alzheimersaidsocietync.org>

Alzheimer's Support Group

530-626-6939

Elder Options, Inc. 82 Main Street, Placerville, Ca. 95667 (upstairs conference rm.)

Meets third Monday/month, 10:00-11:30a.m. Open to anyone wishing support and information regarding Alzheimer's disease and related disorders.

Facilitated by Professional Geriatric Care Manager (PGCM)

www.elderoptionsca.com

American Association of Retired Persons (AARP)

866-448-3614

1415 L Street, Suite 960, Sacramento, CA. 95814

Consumer information, advocacy, investment, insurance, tax assistance, 55-Alive driving classes.

For help with taxes in El Dorado County call: **530-642-9477**

www.aarp.org/states/ca

American Cancer Society

916-446-7933

Fax 916-325-2351

1545 Riverpark Dr. STE 100 Sacramento, Ca 95815

9:00-5:00pm, Monday-Friday. Information and equipment loan or purchase for cancer patients. Call for Transportation for cancer patients.

www.cancer.org

American Diabetes Association

800-DIABETES or 916-924-3232

Fax 916-332-1529

4600 Roseville Rd STE 1310 North Highlands, Ca 95660

www.diabetes.org

American Heart Association

Sacramento 916-446-6505

2007 O Street Sacramento, Ca 95811

www.americanheart.org

American Red Cross

916-993-7070

Sacramento Capital Region Chapter

1565 Exposition Blvd, Sacramento, Ca. 95815

Assistance to victims of disasters. Classes in CPR, first aid, health & safety and AIDS education.

www.sacsierraredcross.org

Area Agency on Aging (PSA#29)

530-621-6150

Placerville Senior Center 937 Spring Street, Placerville, Ca. 95667

8:00-5:00pm, Monday-Friday.

Programs for residents 60+ yrs. Incl. meals, housing, and activities.

www.n4a.org

Arthritis Foundation

916-368-5599

18514 Sherata Lane STE 183 Heritage Sacramento, Ca 95815

Public education, patient services, self-help, aquatics, P.A.C.E.support groups, research. www.arthritis.org

**Assisted Living / Residential Care Facilities for the
Elderly (RCFE'S)
El Dorado County**

Camino Area

Apple Country Care Home

530-644-3026

4330 Harness Tract, Camino, Ca. 95709

Cameron Park Area

El Dorado Manor

530-672-2654

3808 De Sabla Road Cameron Park, Ca. 95682

Eskaton Cameron Park Lodge
530-672-8900
3421 Palmer Dr Cameron Park, Ca. 95682

Larc's Care Home
530-677-6724
3488 La Canada Dr Cameron Park, Ca. 95682

New West Haven 2
530-677-2979
2551 Cameo Dr. Cameron Park, Ca. 95682

Oxford Manor
530-676-0150
3180 Oxford Rd Cameron Park, Ca. 95682

Pine Tree Villa
530-672-9080
3353 Cimmaron Rd Cameron Park, Ca. 95682

Royal Oaks Elderly Care
530-677-3006
3111 Royal Dr Cameron Park, Ca. 95682

El Dorado Area
Apple Country Care Home II
530-622-3033
6245 El Dorado Street El Dorado, Ca. 95623

El Dorado Hills Area
At Home Serenity
Camino Area
Apple Country Care Home
530-644-3026

Cameron Park Area
El Dorado Manor
530-672-2654
Eskaton Cameron Park Lodge
530-672-8900
Larc's Care Home
530-677-6724

New West Haven 2
530-677-2979

Oxford Manor
530-676-0150

Pine Tree Villa
530-672-9080

Royal Oaks Elderly Care
530-677-3006

El Dorado Area
Apple Country Care Home II
El Dorado Hills Area
At Home Serenity
916-933-7876
1660 Downieville Ct. El Dorado Hills, CA. 95762

El Dorado Hills Senior Care (Main Office for all O'Shanter)
916-939-0962
2920 Tam O'Shanter El Dorado Hills, Ca. 95762

Governors Manor
916-939-6940
2961 Warren Lane El Dorado Hills, CA. 95762

Oak Creek Senior Care
916-941-6770
2908 Tam O'Shanter Dorado Hills, CA. 95762

Oak Haven Senior Care
916-941-7785
2906 Tam O'Shanter El Dorado Hills, CA. 95762

Oak Hill Senior Care
916-939-0949
2910 Tam O'Shanter El Dorado Hills, CA. 95762

Oakridge Senior Care
916-933-0107
2896 Canterbury Cr. El Dorado Hills, CA. 95762

Valley View Residential Care
916-933-1230
2932 Averdeen Ln El Dorado Hills Ca, 95762

Placerville Area
Agua Dulce
530-621-3016
6329 Agua Dulce Placerville, CA. 95667

Country Gardens

530-622-0765

1012 Sarden Drive Placerville, CA. 95667

Gold Country Assisted Living

530-621-1100

4301 Golden Center Drive Placerville, CA. 95667

Gold Country Dementia ALU

530-621-1100

4301 Golden Center Drive Placerville, CA. 95667

Pleasant Care Home

530-644-7540

4880 Rivendale Road Placerville, CA. 95667

Sierra Manor

530-642-8802

863 De Bernardi Ct Placerville, CA. 95667

Sunshine Manor

530-622-3940

3112 Washington Street Placerville, CA. 95667

Valley View Guest Home

530-626-6179

891 Oak Terrace Placerville, CA. 95667

Assistive Technology Network

800-390-2699 / 800-900-0706 -TTY

1234 H Street, STE 100, Sacramento, Ca. 95814- 2495

Monday – Friday 8:30 – 5:30. Free information & referral service that provides information on assistive technology & related services.

www.atnet.org

Association of Retarded Citizens of El Dorado County

175 Placerville Drive, Suite W, Placerville, Ca. 95667

jruscelli@sbcglobal.net

Bereavement Support Group/Snowline Hospice

530-621-7820

6520 Pleasant Valley Road, Diamond Springs, Ca. 95619

Adult & children's support groups for those who are grieving a recent death.

<http://snowlinehospice.org>

Bipolar Insights

530-642-0859

Meetings Tuesday 7:00pm

681 Main Street, Suite 103, Placerville, Ca. 95667

(mailing) 897 Union St . Placerville, Ca 95667

Support groups for individuals, friends & families.

www.bipolarinsights.com

Blind Services (Office of Services to the Blind)

916-657-3327

V/TTY Fax 916-653-4001

744 P St., MS 8/16/94 , Sacramento, CA. 95814

Monday-Friday, 8:30 – 5:30. State agency providing counseling, job

placement, diagnostic services, equipment & training.

<http://www.cdss.ca.gov>

Breast Cancer Support Group/Marshall Hospital

530-644-3963

Community Health Library 681 Main Street #103, Placerville Ca. 95667

Meets 2nd Monday of each month, 7pm - 8:30 pm.

<https://www.marshallmedical.org>

California Dept. of Consumer Affairs

800-952-5210

1625 North Market Blvd., Sacramento, Ca. 95834

Information & general referral on consumer issues include, auto repairs, smog issues & complaints.

www.dca.ca.gov

California Department of Consumer Insurance Hotline

800-927-4357

Consumer information and complaints.

www.insurance.ca.gov

California Department for Independent Living Centers

916-325-1690

1234 H St. STE 100, Sacramento, CA. 95814

Monday – Friday 8:30 – 5:30. Support for people with disabilities.

www.cfilc.org

California Department of Rehabilitation

530-626-0900

1166 Broadway, Suite S, Placerville, Ca. 95667

Monday - Friday 8:00-5:00pm

State agency providing vocational programs for those eligible.

<http://www.rehab.cahwnet.gov/>

California Department of Social Services

800-952-5235

744 P Street, MS 17- 11, Sacramento, Ca.95814

Monday – Friday 8am – 5pm. Supervises & regulates financial aid to needy families in California.

[ww.dss.cahwnet.gov/cdss.web](http://www.dss.cahwnet.gov/cdss.web)

California Employment Development Department (EDD)

Disability Insurance Branch (DIB)

800-300-5616 - (EDD) 800-480-3287- (DIB)

800 Capital Mall, MIC 83, Sacramento, Ca. 95814- (EDD)

800Capital Mall, MIC 29- B Sacramento, Ca.95814 (DIB)

Monday - Friday 8am- 5pm Job / unemployment/ disability insurance services.

www.edd.ca.gov

California Retired Teacher's Association

916-923-2200

800 Howe Ave. Sacramento, Ca. 95825

Works with retired teachers to support educational issues.

<http://www.calrta.org/>

California Senior Legislature/EDC Area Agency on Aging

530-621-6150

Fax 530-642-9233

937 Spring Street, Placerville, Ca. 95667

Seniors' advocate with the California Legislature.

www.co.el-dorado.ca.us

CAPE (Citizen Advocates for the Protection of Elders)

530-642-4860

3057 Briw Road, Placerville, Ca. 95667
Program created to identify and prevent elder abuse.
<http://www.co.el-dorado.ca.us/humanservices/Cape.html>

Caregiver Resource Center Del Oro

800-635-0220

916-728-9333

Fax 916-971-9446

8421 Auburn Blvd. STE 120 Citrus Heights, Ca 95610

8:30-4:00pm, Mon-Thurs. Services for caregivers of brain-impaired adults.

Limited respite, short-term counseling, information referral, legal consultation & community education.

www.deloro.org

**The Center (The Center for Violence Free Relationships,
Formally The El Dorado Woman's Center)**

530-626-1450

24-hr. crisis line 530-626-1131

344 Placerville Drive, Suite 11, Placerville, Ca. 95667

Support for victims/families of domestic violence & sexual assault. 24 hr crisis line.

www.thecenternow.org

Central Sierra Regional Occupational Program (R.O.P.)

530-621-0123

4675 Missouri Flat Road, Placerville, Ca. 95667.

Special job information and training.

<http://www.eduhd.k12.ca.us/ROP.htm>

Chapa-De Indian Health Program

530-887-2800

Fax 530-672-8059

11670 Atwood Road, Auburn, Ca. 95603

<http://www.ihs.gov>

Child Protective Services/ El Dorado County

530-642-7100

3057 Briw Road. STE A, Placerville, Ca. 95667

<http://www.co.el-dorado.ca.us/humanservices/CPS.html>

Choices Transitional Services

530-676-6560

4058 Flying C Road, Suite 13, Cameron Park, Ca. 95682

Assists disabled adults to become more self-reliant & independent

<http://cts-choices.org>

Commission on Aging/EDC Area Agency on Aging

530-621-6150

937 Spring Street, Placerville, Ca. 95667

Advisory committee

[http://www.co.el-](http://www.co.el-dorado.ca.us/humanservices/commissiononaging.htmlhelpathome.com)

[dorado.ca.us/humanservices/commissiononaging.htmlhelpathome.com](http://www.co.el-dorado.ca.us/humanservices/commissiononaging.htmlhelpathome.com)

Community Health Center/ El Dorado County

530-621-7700

Fax 530-621-7707

4327 Golden Center Drive Suite 2, Placerville, Ca. 95667

Primary health care for uninsured, Medical & Medicare.

<http://www.edcchc.org/>

Community Health Library/Marshall Hospital

530-295-1056

681 Main Street, Suite 103, Placerville, Ca. 95667

Health resources for consumers and research.

www.marshallmedical.org

Congress of California Seniors

800-543-3352

1230 N Street STE 100, Sacramento, Ca. 95814

Non-profit advocacy organization. Advisors to legislature for seniors, research & sends out action alerts.

www.seniors.org

Consumnes River Los Rios Community College Dist.

530-642-5644

6699 Campus Dr., Placerville, Ca. 95667

Community college offering vocational certificates and AA degrees.

<http://www.crc.losrios.edu/>

County General Assistance Program/ El Dorado County

530-642-7300 EDC

530-573-3200 SLT

3057 Briw Road Suite A, Placerville, Ca. 95667

Repayable program designed to assist indigent adults to meet their basic needs.

<http://www.co.el-dorado.ca.us/humanservices/generalassistance.html>

County Medical Services (CMSP) El Dorado County

530-642-7300

530-573-3200 SLT

3057 Briw Road Suite A, Placerville, Ca. 95667

Program designed to assist adults in meeting their medical needs.

<http://www.co.el-dorado.ca.us/humanservices/CMSP.html>

Deaf and Disabled Telecommunications Program

510-302-1100 or 510-302-1101 TTY

1333 Broadway STE 500 Oakland, Ca. 94612

Equipment & services for individuals certified as having functional limitations of hearing, vision, mobility, speech, and / or interpretation of information.

www.ddtp.org

Del Oro Caregiver Resource Center

800-635-0220

8421 Auburn Blvd. STE 120 Citrus Heights, Ca 95610

A private, non-profit agency dedicated to serving caregivers for brain impaired adults. www.deloro.org

Department of Veterans Affairs

800-827-1000

TDD 800-829-4833

1301 Play St. North Tower Floor # 12 Oakland, Ca 94612

Veterans' burial & survivor benefits, service & non-service connected death benefits. For local services see: **Veterans Service Office** listing.

<http://www.va.gov>

Dial-a-Ride/ El Dorado Transit

530-642-5383

6565 Commerce Way, Diamond Springs, Ca. 95619

Telephone hours 9:00am to 4:00pm Dial A Ride requires a three-day advance reservation. Also see **El Dorado Transit** listing.

<http://www.eldoradotransit.com/>

Divide Seniors - Georgetown

530-333-4553

PO Box 93 Georgetown, Ca 95364

Meets 2nd & 4th Tuesday of each month for pot luck - Greenwood.

Divide Wellness Center – Georgetown

530-333-2548

6065 Hwy. 193, Georgetown, Ca. 95634

Primary, preventive medical care & social services.

www.marshallmedical.org

DMV- Placerville Office

800-777-0133

2919 Cold Springs Road Placerville, Ca. 95667

Administers statewide driver's licensing,, vehicle registration, and ID card programs

Disabled parking placards and handbooks available. Appointments advisable before

visiting a field office. Hours: M.T. T h. F. 8am- 5pm; Wed 9am-5pm. Also, third Sat

service week available.

<http://www.dmv.ca.gov>

Elder Abuse & Outreach Program

530-573-3100 District Attorney Office

550 Main Street Suite H, Placerville, Ca. 95667

Crime awareness, must be a victim.

<http://www.co.el-dorado.ca.us/eldoda/elder.htm>

Elder ID/ Care Track

530-621-6180

Fax 530-295-0729

Location: Senior Services 935 A, Spring Street, Placerville Ca 95667

Elder ID is a program designed for memory-impaired.

Elder Options, Inc.

530-626-6939

916-391-8083

Fax 530-626-5105

82 Main Street Placerville, Ca. 95667

530-541-1812 SLT

Fax 530-541-1047

800-336-1709

2197 Lake Tahoe Blvd Suite 4, South Lake Tahoe, Ca. 96150

Comprehensive care mgmt. & home care for families. Professional geriatric care mgmt. agency serving elders, adults & disabled. Home visits, in-home provider employees, assessments, family mtgs. & placement issues.

www.elderoptionsca.com

Elder Protection Unit

El Dorado Human Services

530-642-4800

A one-stop coordinated unit, dedicated to the prevention, investigation, and prosecution of physical and financial abuse of the elderly.

El Dorado Center for the Visually Impaired

530-626-6715

4600 Farnsworth Lane, El Dorado, Ca. 95623

Nonprofit serving the blind and visually impaired teaching the skills needed.

El Dorado Community Foundation

530-622-5621

Fax 530-626-7100

3097 Cedar Ravine Road, Placerville, Ca. 95667

Local philanthropic resources, convening, & grant making.

<http://www.eldoradocf.org/>

El Dorado Council on Alcoholism (EDCA)

530-622-8193

Fax 530-622-4017

893 Spring Street, Placerville, Ca. 95667

Monday- Friday 8am - 5pm. DUI School. AA and programs relating to alcoholism, teen programs, drug Diversion, prop. 36.

El Dorado County Adult Education

530-622-7073

http://www.edcoe.k12.ca.us/programs/adult_ed/index.html

El Dorado County Commission on Aging

530-621-6150

937 Spring Street, Placerville, Ca. 95667

Meetings commence at 10:00 and vary for dates & meeting places. Advisory board to the EDC Board of Supervisors on programs related to the elderly.

www.co.el-dorado.ca.us

El Dorado County Community Health Center

530-621-7700

4327 Golden Center Dr., Placerville, Ca. 95667

Monday – Friday 8am – 6pm. Health & social services primarily to the uninsured, underinsured, Medicare / Medical recipients, & low income persons.

El Dorado County Dept. of Social Services

530-642-7300

Fax 530-626-7734

3057 Briw Road Suite A, Placerville, Ca. 95667

Programs designed to meet basic needs and to improve the quality of life for residents.

www.co.el-dorado.ca.us/humanservices/index.asp

El Dorado County Housing Authority (EDCHA)

530-642-7300

530-573-3490 SLT

Rental Assistance Program, Family Unification Assistance, Family Self-Sufficiency Assistance

<http://www.co.el-dorado.ca.us/humanservices/pubhousauth.html>

El Dorado County Medical Services Program (CMSP)

530-642-7300

Fax 530-626-7734

3057 Briw Road, Placerville, Ca. 95667

Medical assistance to residents who do not meet Medi-Cal eligibility criteria.

www.co.el-dorado.ca.us/socialservices

El Dorado County Office of Education

530-622-7130

Fax 530-621-2543

6767 Green Valley Road, Placerville, Ca. 95667

Grandparent Support Group for Head Start.

<http://www.edcoe.k12.ca.us>

El Dorado County Senior Information and Referral

530-621-6150

937 Spring Street, Placerville, Ca. 95667

Services: 8:00am to 5:00pm, Monday through Friday. Info regarding housing, in home care, repairs & yard work, taxes, Medicare counseling, volunteer services and employment.

El Dorado Psychiatric Health Facility

530-621-6210

935 "B" Spring Street, Placerville, Ca. 95667 Psychiatric in-patient facility

<http://www.co.el-dorado.ca.us/mentalhealth>

El Dorado Transit (Dial-A-Ride)

530-642-5383

6565 Commerce Way, Diamond Springs, Ca. 95619

Telephone hours 9:00am – 4:00pm. 7 days a week for general public as well as seniors and handicapped. Dial-A-Ride requires three-day advance notice.

www.eldoradotransit.com

Emergency Services of El Dorado County

530-621-6500

Fax 530-621-2758

415 Placerville Dr. Suite J., Placerville, Ca. 95667

Ambulance services. SLT 530-573-7955 x 6500

<http://www.co.el-dorado.ca.us/sheriff/oes.asp>

Family Caregiver Support Program (FCSP)/El Dorado County

530-621-6151

937 Spring St., Placerville, Ca. 95667

Referrals, caregiver education, respite care for caregivers or grandparents raising a grandchild.

<http://www.co.el-dorado.ca.us/humanservices/fcsp.html>

Federated Church

530-622-0273

fax 530-622-4084

1031 Thompson Way, Placerville, Ca. 95667

Senior issues, exercise and health programs.

www.eldoradofederatedchurch.org

Food Bank of El Dorado County

530-621-9950

6655 Merchandise Way, Diamond Springs, Ca. 95619

Food to less fortunate children, seniors & families in El Dorado County.

www.foodbankedc.org

Food Closet/Green Valley Community Church

530-622-3231

3500 Missouri Flat Rd., Placerville, Ca. 95667

www.gvcconline.com

Food Closet/S.H.A.R.E.

530-622-0273

Lower level, Federated Church, 1031 Thompson Way Placerville, Ca. 95667.

Groceries given out with community referral

www.elderadofederatedchurch.org

Food Stamps/ El Dorado County

530-642-7300

530-573-3200 SLT

3057 Briw Road Suite A, Placerville, Ca. 95667

<http://www.myfoodstamps.org/eldorado.html>

Georgetown Seniors

530-333-4553

PO Box 93 Georgetown, Ca. 95634

Gold Country Retirement Community

530-621-1100

4301 Golden Center Ct., Placerville, Ca. 95667

Residential Apartments 6041 Golden Center Dr., Placerville, Ca. 95667

Assisted Living, Secured Assisted Living and Skilled Nursing Facility

www.rhf.org

Government Assistance

Federal Information Center

800-333-4636

Find information about countless government programs

10 Golden Age Over 50 Club

530-622-0373

Gurnell Hall /Saint Patrick's Catholic Church 3109 Sacramento Street, Placerville, Ca. 95667 Meets at Noon 1st Thursday each month for luncheon/social activities.

Health Department, El Dorado County

530-621-6100

530-573-3155 SLT

931 Spring Street, Placerville, Ca. 95667

Monday- Friday 8am- 5pm Low-to-no-cost health screening clinics, STD & HIV testing. By appointment only.

<http://www.co.el-dorado.ca.us/publichealth/>

Health Insurance Counseling and Advocacy Program (HICAP)

800-434-0222

<http://www.aging.ca.gov/aaa/guidance/healthinsurancecounselingandadvocacyprogramindex.asp>

Health Rights Hotline

916-551-2150 or 888-354-4474 / TTY 916-551-2180

519 12th Street , Sacramento, Ca. 95814

Services: Independent source of free information and **assistance** for health care consumers.

<http://hrh.org/>

Help At Home

530-622-9020

4535 Missouri Flat Road. suite 2h, Placerville, Ca. 95667

Private In-Home care.

www.helppathome.us

Home Energy Assistance Program (HEAP)/El Dorado County

530-621-6150

530-573-3490 SLT

937 Spring Street, Placerville Ca 95667

Public program to assist eligible households in offsetting energy Costs.

Priority is given to elderly and disabled.

www.co.el-dorado.ca.us/humanservices/homeenergy.html

Housing Choice Voucher Program (Section 8 Housing)

530-642-7200

Fax 530-626-9060

3057 Briw Road, Placerville, Ca. 95667

530-573-3490 SLT

Fax 530-542-9312

3368 Lake Tahoe Blvd, Suite 202 South Lake Tahoe, Ca. 96150

www.hud.gov

Housing Emergency Lodging Program (H.E.L.P.)

530-306-2352

Services: Volunteers providing emergency short term Housing. Leave message & return phone number.

Housing Options Made Easy for Elders

916-977-0188

Fax 916-977-0488

5431 Auburn Blvd. Ste. 385, Sacramento, Ca. 95841 Free information & referral service.

<http://www.housing-options.com>

IHSS (In Home Support Services)

530-642-4800

3057 Briw Road, Placerville, Ca. 95667

Provides in-home assistance to those eligible.

<http://www.dss.cahwnet.gov/cdssweb/PG139.htm>

In Alliance

530-344-1244 or 800-273-2252

fax 530-344-1246

660 Main Street, Placerville, Ca. 95667

Provides companionship, socialization and job coaches for employment for people with disabilities.

www.inallianceinc.com

InfoLine Sacramento

916-446-1434 fax

800-500-4931

828 I Street, 5th Floor, Sacramento, Ca. 95814

Monday through Friday, 8:30am - 4:45pm. Information for Sacramento County.

[www. BeehiveSacramento.org](http://www.BeehiveSacramento.org)

Kaiser Permanente Customer Service

800-443-0815

Kaiser Permanente Folsom (Clinic & offices only)

916-817-5200

800-464-4000

2155 Iron Point Road, Folsom, Ca. 95630

www.kaiserpermanente.org

Kindred Hospital

916-351-9151

223 Fargo Way, Folsom, Ca. 95630

Rehabilitation services, Ventilator Weaning, Wound Care and other services.

<http://www.kindredsacramento.com/>

League of Women Voters-Placerville

530-622-6763

PO Box 1268 Placerville, Ca. 95667

Legal Services of Northern California

916-551-2150

515 12th Street

Sacramento, Ca 95814

www.lsncl.org

Libraries

Cameron Park

530-621-5500

2500 Country Club Drive
Cameron Park Ca, 95682

El Dorado Hills

916-358-3500

7455 Silva Valley Parkway
El Dorado Hills Ca, 95762

Georgetown

530-333-4724

6680 Orleans
Georgetown, Ca 95634

Placerville

530-621-5540

345 Fair Lane
Placerville, Ca 95667

Pollock Pines

530-644-2498

6210 Pony Express Trail
PO Box 757
Pollock Pines, Ca 95726

South Lake Tahoe

530-573-3185

1000 Rufus Allen Blvd South Lake Tahoe 96150

Bookmobile Desk 530 621-5642

Linkages Program – El Dorado

530-621-6369

937 Spring Street, Placerville, Ca. 95667

Case management program for elderly and disabled 18+ at risk.

www.co.el-dorado.ca.us/comserv/Pages/Linkages.html

Literacy Services Program, El Dorado County Library

530-621-5723

345 Fairlane Dr.
Placerville, Ca 95667

Services: Free one on one reading instruction for adults. Family Literacy Program one night per month.
<http://www.eldoradolibrary.org/literacy.htm>

Living with Loss

530-622-3231 x 224

Green Valley Community Church Class

Location: 3500 Missouri Flat Rd, Placerville, Ca. 95667

Class/support group for people dealing with a loss. Call for information.

www.gvcconline.com

Long Term Care Ombudsman Program

530-642-4860

Crisis line 800-231-4024

3057 Briw Road, Placerville, Ca. 95667

Assistance with selecting a long term care facility.

www.co.el-dorado.ca.us/comserv/Pages/LTCO.html

Loss Support Group/ Marshall Hospital

530-642-5631

3191 Turner Street, Placerville, Ca. 95667 (corner of Corker/Turner)

Wednesdays from 7:30pm to 9:00pm. Program to assist suffering a loss of any kind.

www.marshallmedical.org

Marshall Home Care

530-626-2900

Fax 530-626-7824

681 Main Street Suite 206, Placerville, Ca. 95667

Medicare certified in-home skilled nursing, physical, occupational and speech therapy. Medical & social services to homebound.

www.marshallmedical.org

Marshall Hospital/ Medical Center

530-622-1441

Fax 530-622-7853

Physician referral 530-676-0777

1100 Marshall Way, Placerville, Ca. 95667

General hospital services, E.R. & TCC unit.

www.marshallmedical.org

www.marshallmedical.org

**Marshall Medical Community Health Library
530-626-2778**

681 Main Street Suite 101, Placerville, Ca. 95667
Information on various health conditions
www.marshallmedical.org/library.cfm

Meals-On-Wheels

530-621-6160

See Senior Nutrition Program, El Dorado County

Medi-Cal/ El Dorado County

530-642-7300

530-573-3200 SLT

3057 Briw Road Suite A., Placerville, Ca. 95667

Medical coverage for eligible individuals and families.

<http://www.co.el-dorado.ca.us/humanservices/medi-cal.html>

Medicare

Social Security Administration

530-626-8421

Mental Health Day Treatment Center, El Dorado County

Crisis 530-622-3345

530-621-6200

530-573-7800 SLT

530-622-1293 confidential fax

670 Placerville Dr. Ste. B, Placerville, Ca. 95667

Services for 18+ with serious mental illness & emotional needs.

<http://www.co.el-dorado.ca.us/mentalhealth>

Mercy Hospital Folsom

916-983-7400

Fax 916-983-7406

1650 Creekside Drive, Folsom, Ca. 95630

Acute care hospital and emergency room services

<http://www.mercyfolson.org>

Mineral & Gem Society, El Dorado County

530-676-2472

937 Spring Street, Placerville, Ca. 95667

General meeting 3rd Tuesday of each month, 7pm to 9pm Weekly:

Wednesday 7pm to 9pm.

www.eldoradomineralandgem.org

Mother Lode Big Brothers and Big Sisters

530-626-1222

6767 Green Valley R. Ste. E

PO Box 2519, Placerville, Ca. 95667

Program matches single parent child with adult mentor.

<http://www.mentors4youth.org/>

Motherlode Rehabilitation Enterprises, Inc. (M.O.R.E.)

530-622-4848

530-622-0204 fax

399 Placerville Drive, Placerville, Ca. 95667

Vocational training, job placement, independent living training for developmentally disabled adults.

<http://morerehab.org>

MSSP

530-642-4820

530-295-8307 Fax

3057 Briw Road, Placerville, Ca. 95667

Case management for Medi-Cal eligible elderly individuals.

www.co.el-dorado.ca.us/humanservices/MSSP.html

Muscular Dystrophy Association

916-921-9518

Fax 916-921-1767

3010 Lava Ridge Ct. Ste 160

Roseville, Ca 95661

<http://www.mda.org/>

National Alliance for Mentally Ill

530-644-5404

Advocacy for the mentally ill. Support for family.

<http://www.nami.org/>

National Council on Disability

202-272-2004

TTY 202-272-2074

1331 F. Street. N.W., Suite 850, Washington D.C. 20004

Federal public policy agency for people with disabilities.

www.ncd.gov

National Council on Independent Living

877-525-3400

TTY 202-207-0340

1710 Rhode Island Ave, NW 5th Floor Washington, D. C. 20036

Advances the independent living philosophy.

www.ncil.org

National Family Caregivers Association

800-896-3650

Fax 301-942-2302

10400 Connecticut Ave., Suite 500, Kensington, MD. 20895

Dedicated to improving the quality of life for the nation's caregivers.

www.nfcacares.org

National Institute on Aging

800-222-2225

www.nia.nih.gov

National Library Service for the Blind and Physically Handicapped-

The Library of Congress

888-657-7323

Through a network of cooperating libraries, NLS is a free library program of Braille and audio materials circulated to eligible borrowers in the U. S. by postage-free mail.

www.loc.gov/nls

NorCal Center on Deafness

916-349-7500

Fax/TTY 916-349-7580

4708 Roseville Rd, North Highlands, Ca. 95660

Assistance for people with hearing difficulties

<http://www.norcalcenter.org/>

North Star Services

530-644-6653

Fax 530-644-6683

4171 Starkes Grade Road, Placerville, Ca. 95667

Supported living, person centered planning.

www.northstarsls.org

Nursing Homes

Barton Hospital Skilled Nursing Facility

530-542-3000

Fax 530-542-5519

2170 South Ave, South Lake Tahoe, Ca. 96158

<http://www.bartonhealth.org/facilities>

El Dorado Convalescent

530-622-6842

3380 Washington St., Placerville, Ca. 95667

Folsom Convalescent Hospital

916-985-3641

510 Mills St., Folsom, Ca. 95630

Gold Country Skilled Nursing Facility

530-621-1100

Fax 530-621-1104

4301 Golden Center Dr, Placerville, Ca. 95667

Marshall Hospital Transitional Care Center (TCC)

530-626-2822

530-626-2708 fax

1100 Marshall Way, Placerville, Ca. 95667

Placerville Pines Convalescent Hospital

530-622-3400

Fax 530-622-5230

1040 Marshall Way, Placerville, Ca. 95667

Western Slope Health Center
530-622-6842
Fax 530-622-6814
3280 Washington Street, Placerville, Ca. 95667

Nursing Home Web Site

The primary purpose of this tool is to provide detailed information about the past performance of every Medicare and Medicaid certified nursing home in the U.S.

www.medicare.gov/NHCompare/home.asp

Office of the Patient Advocate

866-466-8900

Aides HMO enrollees to ensure that they have access to all health care entitled them.

www.opa.ca.gov

Ombudsman for Long Term Care for El Dorado County

530-642-4860

Advocate for residents of nursing homes, board and care homes, and assisted living.

<http://co.el-dorado.ca.us/humanservices/LTCO.html>

Paralyzed Veterans of America

800-424-8200

TTY 800-795-4327

801 Eighteenth Street N.W., Washington D.C. 20006

Information and advocacy agency working to restore function/quality of life for veterans with spinal cord dysfunction.

www.pva.org

Parkinson's Disease Foundation

800-457-6676

www.pdf.org

Partners In Care

530-344-0700

Support and assistance to those dealing with chronic illness.

<http://www.seriousillness.org/eldorado/>

PFLAG (Parents, Families & Friends of Gays and Lesbians)

530-621-6700

Meets 3rd Monday of every month, except holiday 6:30 p.m. Federated Church in Placerville, or call for information.

Placer Independent Resource Services Inc. (PIRS)

800-833-3453

TTY 530-885-0326

Fax 530-885-3032

11768 Atwood Rd., Ste 29, Auburn, Ca. 95603

Advocacy and independent living services for people with disabilities in El Dorado, Alpine, and Placer Counties

www.pirs.org

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Placerville Parks & Recreation

530-642-5232

549 Main Street, Placerville, Ca. 95667

Recreation and leisure activities available for residents.

<http://www.cityofplacerville.org/depts/parks/default.asp>

President Abraham Lincoln Manor/Eskaton

530-621-0959

Fax 530-621-0975

6600 Mother Lode Drive, Placerville, Ca. 95667

Subsidized residential senior apartments

Pride and Joy (Family Connections)

530-626-5164

Fax 530-626-0670

2860 Smithslat School Rd, Placerville, Ca. 95667

www.familyconnected.org

Provides services to families of developmentally delayed infants, aged 0 to 36 months.

Probation Department, El Dorado County

530-621-5625

Fax 530-621-5585

3974 Through Rock Rd. Ste 205

Shingle Springs Ca, 95682

Services: Adult and juvenile probation.

<http://www.co.el-dorado.ca.us/probation>

Progress House

530-626-9240

2844 Paloma St, Placerville, Ca. 95667

Out patient & Residential services for alcohol/chemical dependency.

<http://progresshouseinc.org>

Psychiatric Emergency Service Hotline

530-622-3345

Office 530-621-6210

935 B Springs St, Placerville, Ca. 95667

24 hour crisis hotline. Emergency evaluation.

Public Guardian, El Dorado County

530-642-4800

530-626-7734 fax

3057 Briw Rd, Suite A, Placerville, Ca. 95667

Monday – Friday 8:30- - 5:30. Assistance to persons the court has determined are unable to function independently.

<http://www.co.el-dorado.ca.us/humanservices/PG.html>

Quality In-Home Care Specialists, Inc.

530-621-2273

699 Main St Ste1 Placerville, Ca 95667

Private In-Home care.

<http://www.qualityinhomecare.com>

Response Link

(800) 894-1428

Push button emergency help.

www.responselink.com

Robinson's Medical Equipment & Sales

530-622-4132

1261 Broadway, Placerville, Ca. 95667.

www.robinsosmedical.com

SAC-MED El Dorado Transit

530-642-5383

Fax 530-622-2877

Tuesday & Thursday, 8am – 6pm. Emergency Medical Appoint Transportation Service.

Can make reservation up to 14 days in advance.

<http://www.eldoradotransit.com>

Section 8 Housing – El Dorado County

530-621-6300

Fax 530-626-9060

3057 Briw Road, Placerville, Ca. 95667

530-573-3490 SLT

3368 Lake Tahoe Blvd, Suite 202 South Lake Tahoe, CA. 96150

Senior Activities- El Dorado County

530-621-6158

Recreational activities designed for seniors

www.edcgov.us/humanservices/activities

Senior Care Solutions

916-965-5565

Fax 916-965-5547

8910 Sunset Ave Suite B, Fair Oaks, Ca. 95628

Referral service for assisted living / nursing home placement

Senior Center/ El Dorado County

530-621-6150

937 Spring Street, Placerville, Ca. 95667

Services: Family Support, Senior Day Care, Ombudsman & Linkages

<http://co.el-dorado.ca.us/humanservices/Nutrition.html>

Senior Connections / Eskaton

916-334-1072

8525 Madison Ave #150 Fair Oaks Ca, 95628

Information & Assistance - Care Coordination

<http://www.eskaton.org/senior-connection>

Senior Day Care Services/ Alzheimer's Day Care

530- 621-6180 Resource Center, El Dorado County

Fax 530-295-0729

935-A Spring Street, Placerville, Ca. 95667

Monday- Friday 8:00 am to 5:00 pm. Non-medical services for seniors needing assistance or supervision. Caregiver support groups.

<http://www.co.el-dorado.ca.us/humanservices/AdultDayCare.html>

Senior Gems

530-622-3231 x224

Green Valley Community Church 3500 Missouri Flat Rd., Placerville, Ca. 95667

Meets 2nd Sunday of each month 1:30pm - 3:00 pm room 203

Senior Health Education Program (SHEP)

530-621-6151 800-510-2020

Health program for people 60 years or older. Offers weekly exercise classes and monthly presentation.

<http://www.co.el-dorado.ca.us/humanservices/SHEP.html>

Senior Information and Assistance

530-621-6369

937 Spring Street, Placerville, Ca. 95667

530-573-3490 SLT

3368 Lake Tahoe Blvd. Ste. 202, South Lake Tahoe, Ca. 96150

Senior Legal Hotline – Legal Services of Northern California

916-551-2140

800-222-1753

Fax 916-551-2197

444 North 3rd Street Suite 312, Sacramento, Ca. 95814

Free legal advice, oral and written information for seniors.

<http://seniorlegalhotline.org>

Senior Nutrition Program, El Dorado County

530-621-6160

Lunchtime Monday through Friday, except holidays. Onsite and home-delivered meals and activities at these locations:

<http://co.el-dorado.ca.us/humanservices/Nutrition.html>

Senior Centers

Cameron Park Senior Center

530-677-2231

2502 Country Club Drive Cameron Park Ca, 95682

El Dorado Hills Senior Center

916-939-3837

990 Lassen Lane

Diamond Springs Lions Hall

530-622-8131

Missouri & Pleasant Valley Road, Diamond Springs Ca. 95667

Greenwood Community Center

530-885-9160

4411 Hwy 193 Greenwood Ca, 95635

Placerville Senior Center

530-621-6160

937 Spring Street

Pollock Pines Senior Center

530-644-4008

5581 Gail Drive Pollock Pines Ca, 95762

Shingle Springs Community Center

530-672-7442

4440 South Shingle Road

Shingle Springs Ca,

Somerset Pioneer Park Community Center

530-620-5432

6740 Fairplay Rd

South Lake Tahoe Senior Center

530-573-3130

3050 Lake Tahoe Blvd

Senior Legal Center

530-621-6154

937 Spring Street, Placerville, Ca. 95667

Must be 60+. Living trusts, wills, POAs, debt counseling.

<http://www.dca.ca.gov>

Senior Peer Counseling (SPC) / El Dorado County

530-621-6304

Fax 530-295-2521

937 Spring Street, Placerville, Ca. 95667

Peer counseling for people 55 yrs of age or older.

<http://www.co.el-dorado.ca.us/humanservices/SPC.html>

Senior Shuttle

530-621-6369

For 60 years or older, with weekly trips and monthly outings. Not wheelchair accessible

Dep. of Human Services

530-621-6255

Monthly newsletter containing a calendar of events and nutrition menu.

<http://www.co.el-dorado.ca.us/humanservices/Srtimes.html>

S.H.I.E.L.D- Seniors Helping In Law Enforcement Like Duties

530-642-5210

730 Main Street, Placerville, Ca. 95667

Shingle Springs Tribal Health

530-672-8059

4140 Mother Lode Drive, Placerville, Ca. 95667

Drop in health clinic for the general public. Accepts Medi-Cal

<http://www.shinglespringsrancheria.com/healthprogram.html>

Sierra Fiduciary Services

530-621-4484

Fax 530-621-2444

419 Main Street, Placerville, Ca. 95667

Emphasis on protection and advocacy and estate needs.

www.sierrafiduciary.org

Sierra Pulmonary

530-621-2055

6051 Enterprise Dr, Suite 103, Diamond Spring, Ca. 95619.

Provides oxygen therapy, hospital beds, trach care, etc.

www.sierrapulmonary.com

Sierra Sacramento Valley Medical Society

916-452-2671

Fax 916-452-2690

5380 Elvas Ave, Sacramento, Ca. 95819

Provides information on member physicians.

<http://ssvms.org/>

Skilled Nursing Facilities

Barton Hospital Skilled Nursing Facility

530-542-3000

Fax 530-542-5519

2170 South Ave, South Lake Tahoe, Ca. 96158

<http://www.bartonhealth.org/facilities>

El Dorado Convalescent

530-622-6842

3380 Washington St., Placerville, Ca. 95667

Gold Country Health Center

530-621-1100

4301 Golden Center Drive, Placerville ,Ca. 95667

Placerville Pines Convalescent

530-622-3400

1040 Marshall Way, Placerville ,Ca. 95667

Folsom Convalescent Hospital

916-985-3641

510 Mills St., Folsom, Ca. 95630

Marshall Hospital Transitional Care Center (TCC)

530-626-2822

530-626-2708 fax

1100 Marshall Way, Placerville, Ca. 95667

Nursing Home Web Site

The primary purpose of this tool is to provide detailed information about the past performance of every Medicare and Medicaid certified nursing home in the U.S.

www.medicare.gov/NHCompare/home.asp

Snowline Hospice

530-622-6860

Fax 530-621-4503

6520 Pleasant Valley Road, Diamond Springs, CA. 95619

Provides physical, emotional and spiritual support at end of life. Grief Support groups offered.

<http://www.snowlinehospice.org>

Western Slope Health Center

530-622-6842

Fax 530-622-6814

3280 Washington Street, Placerville, Ca. 95667

Social Security Administration

530-626-8421

800-772-1213

4355 B Golden Center Dr, Placerville, Ca. 95667

Social security retirement, disability, Medicare benefits, SSI. 9:30 am to 4:30 pm, Monday through Friday.

www.ssa.gov

Social Services, El Dorado County

530-642-7300

Fax 530-626-7734

3057 Briw Road Suite A., Placerville, Ca. 95667 971

530-573-3200 SLT

3368 Lake Tahoe Blvd. Ste 202 SLT, Ca. 96150

8:00 am to 5:00 pm, Monday through Friday. Food Stamps, general Assistance, Medi-Cal, Cal WorksChildren Protective Services.

<http://www.co.el-dorado.ca.us/humanservices/index.asp>

Society for Accessible Travel and Hospitality (SATH)

212-447-7284

Fax 212-725-8253

347 Fifth Ave, Suite 610, New York, NY. 10016
Resources, information and travel tips for persons with disabilities.
www.sath.org

**Consumer Affairs, California Telephone Access Program (CTAP)
DDTP 877-546-7414**

State agency, provides free telephones for those who are impaired: vision,
hearing, memory & mobility
www.ddtp.org

S.T.A.R.-Sheriff's Team of Active Retirees

530-621-5937

415 West Placerville Dr, Placerville, Ca. 95667

National Stroke Association

800-787-6537

www.stroke.org

"Su Familia" National Hispanic Family Health Helpline

866-783-2645

Supplemental Security Income (SSI)

Federal program designed to assist those receiving very low incomes.

www.ssa.gov/

Survivor and Burial Benefits Social Security Administration

800-772-1213

TTY 800-325-0778

To report a death, file for survivor benefits, file for burial benefits

www.ssa.gov

Alcohol Program / El Dorado County

530-621-6130

Fax 530-626-4277

929 Spring Street, Placerville, Ca. 95667

UC Davis Cooperative Extension

530-621-5502

311 Fair Lane, Placerville, Ca. 95667
Conducts Master Gardener, Master Food Preserver classes & 4-H.
www.ucanr.org

UCD Alzheimer's Diagnostic and Treatment Center

916-734-5496

4860 Y Street , Suite 3900, Sacramento, Ca. 95817

Multi-disciplinary, diagnostic evaluation . Medicare reimbursable. Referrals from professionals or from family.

<http://alzheimer.ucdavis.edu>

United Spinal Association

718-803-3782

75-20 Astoria Blvd., Jackson Heights, NY. 11370

Non-profit organization dedicated to the needs of it's members.

www.unitedspinal.org

United Way, El Dorado County

916- 368-3000

TDD 916-446-1437

10389 Old Placerville Rd. Ste. B Sacramento Ca, 95827

Upper Room Dining Hall

530-621-7730

1868 Broadway, Placerville, Ca. 95667

Serves evening meal free from 4 – 6 pm/ 7 days a week No Reservations required. Staffed by various churches & community volunteers.

Veteran's Service Office, El Dorado County

530-621-5892

530-573-7955 x 3134 SLT

130 Placerville Dr Ste B , Placerville, Ca. 95667

8:00 am to 5:00 pm Monday through Friday. Information on services/ benefits for veterans and spouses.

<http://www.co.el-dorado.ca.us/veterans/index.html>

Weatherization Program/ El Dorado County

530-621-6150

530-573-3490 SLT

Federally funded program for eligible low income residents of El Dorado County.

<http://www.co.el-dorado.ca.us/humanservices/homeweatherization.html>

Wee-Care (Family Connections El Dorado)

530-626-5164

Fax 530-626-0670

2860 South Flat School Rd. , Placerville, Ca. 95667

Services: Intervention for High Risk moms of newborns. Support for parents with children 0-5 years. Counseling services.

www.familyconnected.org

Well Spouse Foundation

800-838-0879

63 West Main Street Suite H., Freehold, NJ. 07728

Well Spouse gives support to wives, husbands, and partners of the chronically ill and/or disabled.

www.wellspouse.org

Widowed Persons Association of California

916-972-9443

P. O. Box 60619, Sacramento, Ca. 95860

Provides opportunity for widowed in social activities.

<http://widowedcal.com/>

Women, Infant and Children (WIC) Program / El Dorado County

530-621-6176

937 Spring Street, Placerville, Ca. 95667

<http://www.co.el-dorado.ca.us/humanservices/WIC.html>

El Dorado County of Human Services (You Are Not Alone)

530-621-6150

The Y.A.N.A. program is designed to provide daily phone contact to individuals.

LAKE TAHOE AREA

Adult Protective Services

530-573-3207

3368 Lake Tahoe Blvd, South Lake Tahoe, Ca. 96150-7761

Alta California Regional

530-542-0442

2489 Lake Tahoe Blvd, Suite 1, South Lake Tahoe, Ca. 96150-7729

Al-Anon

530-573-2444

Alzheimer's Association

775-786-8061

775-786-1920 Fax

1301 Cordone Avenue, Suite 180 Reno, NV. 89502

Alzheimer's Support Group

530-541-2304

Meets the 2nd Thursday of every month at 5:30 at the senior center.

Amtrak- Reservations

800-872-7245

Barton Memorial Hospital

530-541-3420

Fax 530-542-0627

2170 South Avenue, SLT, Ca. 96150

Social Services/Case Management M-F 8am to 5pm

www.bartonhealth.org

Books On Wheels

530-573-3185

1000 Rufus Allen Blvd., SLT, Ca. 95610

Delivery system to get reading material to homebound.

California Department of Rehabilitation

530-541-3226

2489 Lake Tahoe Blvd., Suite 4 South Lake Tahoe, Ca. 96150

Monday – Friday 8am- 5pm

State agency providing vocational programs for those eligible

www.dor.ca.gov

California Telephone Access Program-CTAP

800-806-1191

800-806-4474 TTY

Provides free specialized telephone equipment to California residents having function limitations such as vision, mobility, or speech impairments.

Child Protective Services

530-573-3201

Investigates abuse, neglect, and exploitation of children.

Chateau Bijou/Bijou Woods Apartments

3421 Spruce Ave. South Lake Tahoe Ca, 96150

530-544-4070

Christmas Cheer All Year

530-542-4934

1120 3rd St, South Lake Tahoe Ca, 96150

Food Pantry. Hours: Tuesday and Thursday 10am to 2pm

City of South Lake Tahoe 530-542-604

City of South Lake Tahoe Senior Center

530-542-6094

County General Assistance Program/ El Dorado County

530-573-3200

Repayable program designed to assist indigent adults.

County Medical Services (CMSP) El Dorado County

530-573-3200

937 Spring Street, Placerville, Ca. 95667

Cal Trans Hwy Information South Lake Tahoe

California 800-427-7623

Nevada 877-368-7828

EDC Victim Witness program and District Attorney 530-573-3100

El Dorado County Department of Community Services 530-573-

3490

El Dorado County Public Health Department

530-573-3155

Fax 530-541-8409

Clinic/Field Services: 1360 Johnson Blvd., Suite 103, South Lake Tahoe, Ca.
96150

El Dorado County Department of Social Services 530-573-3200

El Dorado County Department of Veterans Services 530-573-3134

El Dorado County (EDC) Senior Nutrition Program

530-573-3130

3050 Lake Tahoe Blvd. South Lake Tahoe Ca, 96150

Hot meals served M-F @ 12:00 pm and home delivered meals.

Elder Options, Inc.

800-336-1709

530-541-1812

530-541-1047 Fax, Ca. 96150

See Elder Options, Inc. Placerville listing.

Employment Services 530-573-3273

Family Resource Center

530-542-0740

Fax 530-542-0397

3501 B Spruce Ave, SLT, Ca. 96150

Monday-Friday 8am to 5pm Low-Income and Latino families, commodities

Food Services, Sierra Community Church

530-544-7055

Free hot lunch Wednesday from 12-1.

Food Stamp Program

530-573-3200

Home Health Hospice

530-542-3171

Mental Health-South Lake Tahoe Outpatient Clinic

530-573-3251

1900 Lake Tahoe Blvd, South Lake Tahoe, Ca. 96150

National Alliance on Mental Illness / 530-577-4740

PO Box 550023 South Lake Tahoe, Ca 96150 South Lake Tahoe Ca, 96105

530-644-5404 Placerville Ca,

2nd Tuesday/month at Library 6:00 pm. Support for loved ones with family members who are mentally ill.

Poison Control Center

800-876-4766

Senior Nutrition Program

530-573-3130

3050 Lake Tahoe Blvd., SLT, Ca. 96150

Sierra Garden Apartments

1801 South Lake Blvd Ca, 96150

530-541-7237

Social Services

530-573-3200

3368 Lake Tahoe Blvd. STE 202, South Lake Tahoe Blvd, Ca. 96150

South Lake Tahoe Cancer League

Po Box 17962 South Lake Tahoe, Ca 96150

530-573-1703

South Lake Tahoe Chamber of Commerce

3066 Lake Tahoe Blvd, South Lake Tahoe Ca, 96150

530-541-5255

South Lake Tahoe Women's Center

530-544-2118

State of California Department of Rehabilitation 530-541-3226

St. Theresa Church Bread & Broth Program

530-544-3533

**Tahoe Area Coordinating Council for the Disabled
530-544-1127**

**Tahoe Pines
530-541-1333**

**Tahoe Valley Town Homes
530-541-7274**

**Veteran's Service Office, El Dorado County
530-573-7955 x 3154
See Veteran's Service Office – Placerville listing**

**Women, Infant and Children (WIC) Program
530-573-3491**

**Unemployment Insurance California 800-300-5616 Nevada 888-
890-8211**

**Van Service for Seniors and Disabled
530-542-6094
South Lake Tahoe Senior Center offers FREE transportation for senior
citizens and disabled residents of South Lake Tahoe.**

**WIC (Women, Infants and Children)
530-573-3491**

Listing in this resource directory does not constitute an endorsement by Elder Options, Inc. Users should determine for themselves what services they need and how best those services will meet the particular need.

To make changes to entries in the Resource Directory send the name of the organization, address, telephone number with a short description of services offered for older adults to be included in the directory and the contact name/telephone number to info@elderoptionsca.com. Title the subject of the e mail should read, Change to Resource Directory Listing.

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