



Assisted Living Waiver Program For Medi-Cal Recipients

The Assisted Living Waiver Program (ALW) is an alternative to long-term placement in a skilled nursing facility and is presently available to Medi-Cal recipients in Sacramento County. As a Care Coordination Agency for the ALW program, Elder Options conducts in-takes, establishes preliminary eligibility, conducts initial R.N. assessments, assists families in finding appropriate placement and provides advocacy and monthly face-to-face care coordination for all approved clients.

Eligibility Requirements:

- Full Scope Medi-Cal
- Source of Income (Social Security, Pension, SSI)
- Medi-Cal – no Share of Cost (SOC)
- Meeting the ADL/IADL criteria.
- Wishing to move from skilled nursing to an Assisted Living Facility- Sacramento County.
- Living in the community with the desire/need to enter Assisted Living.

Elder Options is the **oldest and most experienced** Care Coordinating Agency, supporting the ALW program with Credentialed Care Managers since the initiation of the waiver as a pilot program. Our knowledgeable and helpful staff is well versed in the program and can provide support to clients, families, and administrators.

Please note: The ALW Program is currently on a waitlist format. The approximate wait for an assessment for the ALW program is extensive; however, wait times are subject to change.



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Required Documents:

- Individuals Full Name
- Date of Birth
- Medi-Cal Number
- No Share of Cost
- SSI/SDI Income
- Address & Phone Number
- Total Monthly Income
- ADL Status
- Completed 602 A (Physicians Report)
- Power of Attorney Documents
- POA Contact Information
- Facility Choices
- E-Tar & Face Sheet (SNF Only)

Elder Options, Inc.

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South Lake Tahoe

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Utilizing a Care Manager In Assisted Living

A credentialed Aging Life Care Manager is an objective third party professional who can accurately assess what an older person needs and what issues or challenges exist that may not be readily apparent to family members or POA.

Care Managers Can:

Support

A resident who is new to the facility or is going through difficult life challenges

Save

Time for family who have to juggle work, family & caregiving for their elder.

Improve

Communication between resident, adult children, healthcare provider(s) and facility staff.

Avoid

Crises due to lack of communication, understanding of resident needs, wishes & expectations.

Give

One on one attention to resident with regular monitoring to address issues as they arise and with the resident, family & staff come to a resolution.

Make

Sure the all the resident's care needs are being met – health, well-being, finances, resources, support & happiness.



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Care Manager Expertise

- Elder Options is a proven resource with Aging Life Care Managers who work with client/families of all ages including adults, older adults, individuals with special needs, and those with chronic conditions.
- Elder Options has contracts with: California Department of Health Care Services Assisted Living Waiver Division, National MS Society, Eskaton Foundation, El Dorado County (MSSP, FCSP, Public Guardian) and ALTA California Regional Center.
- For the over 10 years, Elder Options has been a lead Care Coordinating Agency (CCA) for the Medi-Cal Assisted Living Waiver Program (ALW). A CCA since ALWP inception, EO assists client/family in qualifying for ALW, choosing & moving into assisted living facility with monthly face to face visits.