



## **A RESOLUTION TO AGE IN PLACE WITH CREDENTIALLED CARE MANAGERS**

### **What Are the Benefits to the Client?**

- Ability to Age in Place and remain in your residence.
- Advocacy, support, and guidance by a credentialed professional.
- You have another member of the care team to discuss issues & solve problems as they arise.

### **How Can a Care Manager Help?**

Care Managers can get to the root of the problem and resolve issues before a crisis occurs.

- Communicate concerns & find solutions.
- CM's are experts with resources that help.
- Validate client concerns & enable client to be heard.
- Review & discuss financial issues including additional resources with client/family.
- Assess resident needs & develop plan to age in place.
- When resident needs higher level of care, review plan and work with client/family, physician, and RCFE staff to provide a continuum of care and stability in place.
- Work with resident when there is limited or no family support.

### **Elder Options, Inc.**

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*"A Life Lived Fully Every Day"*

Since 1988

### **Who Are Elder Options' Care Managers?**

- CM's are trained experts that work with clients/families and use their expertise at a time of uncertainty.
- Educated & Credentialed experts who are members of the Aging Life Care Association and adhere to the ALCA standards of practice.
- CM's are experts in Aging Well. These experts assist clients/families in numerous ways to include: Health & Disability, Finances, Housing, Family Support & Guidance, Local Resources, Advocacy, Legal Assistance & Referrals, and Crisis Intervention.



## Utilizing a Care Manager In Assisted Living

*A credentialed Aging Life Care Manager is an objective third party professional who can accurately assess what an older person needs and what issues or challenges exist that may not be readily apparent to family members or POA.*

### Care Managers: Support

A resident who is new to the facility or is going through difficult life challenges

### Save

Time for family who have to juggle work, family & caregiving for their elder.

### Improve

Communication between resident, adult children, healthcare provider(s) and facility staff.

### Avoid

Crises due to lack of communication, understanding of resident needs, wishes & expectations.

### Give

One on one attention to resident with regular monitoring to address issues as they arise and with the resident, family & staff come to a resolution.

### Make

Sure the all the resident's care needs are being met – health, well-being, finances, resources, support & happiness.

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### Care Manager Expertise

- Elder Options is a proven resource with Aging Life Care Managers who work with client/families of all ages including adults, older adults, individuals with special needs, and those with chronic conditions.
- Elder Options has contracts with: California Department of Health Care Services Assisted Living Waiver Division, National MS Society, Eskaton Foundation, El Dorado County (MSSP, FCSP, Public Guardian) and ALTA California Regional Center.
- For the over 10 years, Elder Options has been a lead Care Coordinating Agency (CCA) for the Medi-Cal Assisted Living Waiver Program (ALW). A CCA since ALWP inception, EO assists client/family in qualifying for ALW, choosing & moving into assisted living facility with monthly face to face visits.