



WOULD A FAMILY MEETING HELP?

A Family Meeting is scheduled time with a credentialed Aging Life Care™ Manager (ALCM), an objective third party professional and community expert who works with you and your family members to accurately assess your loved one's needs based on current and future challenges.

Benefits: A Family Meeting allows your loved one and family members to communicate with honesty, compassion, and concern for the issues at hand, while a neutral party facilitates the conversation. We offer teleconferencing for out of the area family members who wish to participate.

The ALCM identifies available resources to design the best, most cost-effective plan to maintain and enhance your loved one's quality of life.

The ALCM will review a wide range of federal, state and local entitlement programs that are specific to your loved one. Recommendations are based on each individual's needs, wishes and resources.

This discussion facilitates family communication, which may reduce the burden and stress on any single family member to solve the problem, while looking for a solution that is acceptable to the client and family at-large.

The ALCM offers knowledgeable community referrals based on client's needs and provides resource referrals with the best interest of your loved one in mind. All referrals are based on the client's needs and in no way are financially advantageous to Elder Options.

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Elder Options, Inc.
"A Life Lived Fully Every Day"
Since 1988

Benefits of Care Managed Home Care

- **Develops** a care plan specific to the needs and wishes of the older client & family.
- **Coordinates** and monitors implementation of needed recommendations.
- **Liaison** between family members to assure good communication and understanding.
- **Provides** knowledgeable resources and referrals so you can focus on other priorities.
- **Recommendations** for other housing options when living at home is no longer possible.
- **Advocacy** and education for client/family.
- **Support** to help relieve stress & caregiver burnout.
- **Provides** overall assistance to cope with the challenge of aging in place.

Elder Options, Inc.
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COMPREHENSIVE CARE MANAGEMENT SERVICES

Elder Options, Inc. employs Aging Life Care specialists who are credentialed, certified, and trained to work with families and use their expertise at a time of uncertainty. For over 30 years, their professional guidance has lead families to actions and decisions that ensure quality of life for those who matter most in their lives.

Certified Care Managers Provide:

- Initial home/hospital/facility visit with client, family, and staff.
- Plan of care based on psychosocial needs assessment, client's needs/wishes, family input and care mgr. recommendations.
- Support, coordinate and advocate for clients as the client's needs evolve and change.
- Arrange, accompany, and monitor medical visits.
- Monitor home/facility visits as required to assure client safety, satisfaction, and care.
- Written reports for physicians, POA, client attorney, family, and facility as requested.
- Verbal and/or electronic communication with physicians, client attorney, POA and family as needed.
- Arrange and facilitate client/family/staff meeting(s) as requested.
- Money management to include: pay client bills, balance checkbook, sort through mail with explanations to client and referrals to financial planner/attorney as indicated.
- Re-assessment of client needs, review and update care plan in place.
- Explain and make recommendations for community resources.
- Review LTC Insurance policies with client/family & assist in filing a claim for long-term care services.



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Expertise

- Elder Options is a proven resource with Aging Life Care Managers who work with client/families of all ages including adults, older adults, individuals with special needs, and those with chronic conditions.
- Elder Options has contracts with: California Department of Health Care Services Assisted Living Waiver Division, National MS Society, Eskaton Foundation, El Dorado County (MSSP, FCSP, Public Guardian) and ALTA California Regional Center.
- Elder Options is the oldest and most experienced Care Coordinating Agency (CCA) for the Medi-Cal Assisted Living Waiver Program (ALW). A CCA since ALWP inception, EO assists client/family in qualifying for ALW, choosing & moving into assisted living facility with monthly face to face visits.