



RESPITE CARE PROGRAM

Respite Care is when someone else steps into your place to fill in so you can have a break. It's someone you trust to act on your behalf to care for your loved one as you do, so you can take some time for yourself because you are important too!

Elder Options, Inc. Respite Care Program can give you the Gift of Time. NO contracts or deposit required.

Services Can Include:

Companionship
Meal Preparation

Supervision
Personal Care

Bathing & Dressing
Transfer Assistance

Med Reminders
End of Life

**Call Us Today For Your
3 Hour RESPITE Shift For**

\$88.00



Elder Options, Inc.

"A Life Lived Fully Every Day"

Since 1988

Placerville (530) 626-6939 EDH/Folsom (916) 391-8083 South Lake Tahoe (530) 541-1812

**Valid for 3 Respite Shifts per month. If you desire additional shifts, we will switch to standard service and keep your discounted rate!*

Let us tell you how some of our families have used their respite time and how it has helped their families-

“The caregivers met all our needs that I wanted and then some.”- Husband, El Dorado County

“We found our caregiver to be outstanding. My husband looked forward to her visits and I will always be grateful for the time she spent in our home”- Family Member, El Dorado County

“Elder Options staffs of in home caregivers and care managers were a blessing. They were a big help to me in my time of need. Thank you so much!”-Husband, El Dorado County

“I would recommend Elder Options to anyone who asks about in-home care and assistance. Everyone was always kind, helpful, and accommodating-even with last minutes changes”- Family Member, El Dorado County

“I feel like the care provider takes a genuine interest in my mom and is so kind. I also feel like we can trust her, which is critical”-Family Member, El Dorado County

“I have been very impressed with the level of professionalism and high quality of care from the entire staff. From our initial meeting with one of the Care Managers, Liz to present day, we have been very thankful we have found such a valuable organization to help care for my mother”-Daughter, El Dorado County

“The care provider knows how I like things done, and she is very caring. She carries out her tasks expeditiously. Five star meal preparation and transportation.”-Client, El Dorado County

“Elder Options not only saved my husband’s life but, mine as well.”-Wife, Sacramento County.

“Michelle Howard, RN is our Care Manager. Michelle really cares about my mother and me. Her sincerity just cannot be faked.”-Family, Sacramento County

“Thank you so much for the care you arranged and provided for Dad. You are all amazing. A special thank you to our care providers for their compassionate care of dad and warm support of mom. Words cannot express how grateful we are for all the kindness shown to us.”- Daughter



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www.elderoptionsca.com