



**Elder Options, Inc.**  
*"A Life Lived Fully Every Day"*  
 Since 1988



# Care Management Services

Helping You Find Answers You Need

Elder Options' Credentialed Care Managers (Aging Life Care® Specialists) are objective third party professionals who accurately assess what an older adult needs and what issues or challenges exist that may not be apparent to family members. Our experts work directly with older adults, their families, and care team to uniquely personalize the support that is required now and as health situations change. Their professional expertise and guidance ensure a "Life Lived Fully, Every Day".

## Expertise

Elder Options is a proven community resource. We work with families privately, through conservators and with LTC insurance. We also have numerous contracts to enable us to work with clients & families of all ages.

## What Can Care Managers Help With?

- **Deciding** about care. What - How? Affordable?
- **Putting** together a plan that works for each person.
- **Keeping** everyone in the communication loop for overall support.
- **Addressing** issues before a problem looms.
- **Stabilizing** current housing – at home or in assisted living.
- **Assuring** healthy living by coordinating health & social planning.
- **Coordinating** financial issues to assure bills are paid without financial exploitation.
- **Utilizing** community resources to maximize individual life plan.
- **Facilitating** family discussions.
- **Future** planning around a move, financial resources & family support.
- **Evaluating** Long Term Care Insurance – understand benefits & file a claim.



*Our personalized care management, home care, respite and assisted living services are designed to ensure a safe, happy and fulfilling "every day."*



### Elder Options, Inc.

Phone: (530) 626-6939  
 (800) 336-1709

### Sacramento / El Dorado Hills / Folsom

Phone: (916) 391-8083

### South Lake Tahoe

Phone: (530) 541-1812