



Elder Options, Inc.
"A Life Lived Fully Every Day"
Since 1988



No Cost & Discounted Services for Veterans and Their Spouses

With deep gratitude and respect, we thank our Veterans and their Families for their tremendous sacrifice. Elder Options is honoring our Veterans and Veteran Spouses with the following No Cost & Discounted Services:

Veteran Homecare through the Community Care Network

Recognizing the number of retired military personnel who live in El Dorado County and the surrounding areas, we are pleased to announce that Elder Options is contracted through the Veterans Administration & TriWest Healthcare Alliance as a Community Care Network Provider. With this contract in place, Elder Options is accepting referrals from local physicians registered with the TriWest Community Care Network (CCN), as well as

VA Health Facilities to provide non-medical home care, as ordered by the veterans physician.

The number of hours depends on the veterans needs and is determined by his/her physician. Once the referral is received, Elder Options' staff will reach out to the veteran/family, develop a care plan, and personally match a caregiver who can best meet the needs of the veteran and family.

Services are designed to assist a veteran of any age to "enable independence and safety". This can include assistance with:

- Showers/Personal Care
- Supervision for Memory Impaired
- Hospice Care
- Transfers/Ambulation
- Meal Preparation
- Household Tasks
- Respite for the primary caregiver

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AGING **life CARE**[™]
ASSOCIATION
MEMBER



Our personalized care management, home care, respite and assisted living services are designed to ensure a safe, happy and fulfilling "every day."



Elder Options, Inc.

Phone: (530) 626-6939
(800) 336-1709

Sacramento / El Dorado Hills / Folsom

Phone: (916) 391-8083

South Lake Tahoe

Phone: (530) 541-1812

Veteran or Disabled Spouse Home Care

Elder Options has been awarded another grant to help veterans in El Dorado County. This program – Short Term Homemaker Services will assist eligible veterans or disabled spouses, who live alone or with a spouse/family by:

- Providing NO CHARGE short term home care assistance to help with needed day to day tasks. Maximum of 1 (3 hour shift) per week for 4 weeks.
- Matching the Veteran with an Elder Options' Credentialed Care Manager who will work with him/her to locate & understand community resources to assist with remaining independent.

To apply for the Short-Term Homemaker Services, the individual must be a veteran or disabled spouse needing help with:

- Light housework, Changing bed linens/laundry
- Meal preparation
- Assistance with showers/ personal care
- Supervision for memory impaired
- Socialization

To access this program, the Veteran or Disabled Spouse must:

- Live in El Dorado County.
- Work with an Elder Options' Care Manager to set up services, a home care schedule & understand important resources in remaining independent.
- Not be receiving public home care benefits i.e., In-Home Supportive Services (IHSS) or Multi-Services Senior Program (MSSP) or other home care services through the VA.
- Grant has no financial eligibility, but applicants should apply if finances are a concern.

Vital Link Emergency Response System

Elder Options has partnered with Vital Link to offer DISCOUNTED emergency response systems (\$20/month) with **NO INSTALLATION FEE** with the use of VA Homemaker services. To access this program, the applicant must:

- Live in El Dorado County
- Have landline phone service
- Be a Veteran in need of a Medical Alert System

How Vital Link Works

To summon help when needed, simply press your help button (worn around your neck or wrist). When activated, the system will connect you to the US based monitoring center where caring, professional Emergency Medical Dispatch-certified operators will communicate with you over the built-in speaker. You can tell the

operator what kind of help you need and whom you would like them to call. The operators will then contact someone who you have designated, such as a family member or friend, and alert the proper authorities. If you do not respond, the operators will send help immediately.



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