

OLDER ADULTS RESOURCE DIRECTORY

Please note: some services or resources are found at one address or reached at the same phone number.
The information in this directory has been researched & collected by Elder Options, Inc. with the sole purpose to provide helpful information regarding community resources serving El Dorado & surrounding counties.

No reprinting or republishing of this resource directory is allowed without express permission of Elder Options, Inc.

Able Data

800-227-0216

103 West Broad St. Suite 400, Falls Church, VA. 22046

Federally funded, provides objective information on assistive technology and rehabilitation equipment to consumers, organizations, professionals, and caregivers. Open 24/7.

www.abledata.com

Adult Protective Services, El Dorado County

530-642-4800

3047 Briw Rd. Placerville, Ca. 95667

Elder abuse reporting and protective services.

www.edc.gov.us

Adult Protective Services, Sacramento County

916-874-9377

101 Cirby Hills Dr. Roseville, Ca. 95678

A Helping Hand Homecare

530-647-0266

6092 Pony Express Trail, Pollock Pines, Ca. 95726

Full service non- medical home care agency.

www.a-helpinghand.net

Al-Anon Support Group Information Services Crisis

916-334-2971

5429 Palm Ave. Suite A, Sacramento, Ca. 95841

Meetings locally on Tuesdays, Thursdays & Fridays for friends / family of recovering alcoholics. Literature available by phone, upon request.

www.ncwfa.org/d610

Alcohol Tobacco & Drug Prevention

530-621-6146

El Dorado County Health Department

937 Spring St. Placerville, Ca. 95667

Prevention network, education information, stop-smoking classes.

<http://co.el-dorado.ca.us/services.html>

Alcoholics Anonymous (AA)

530-622-3500

P.O. Box 1434, Placerville, Ca. 95667

Meetings 3rd Monday of the month at 7:00pm

Senior Center 937 Spring St. Placerville, Ca. 95667

24-hour answering service. Meeting daily in most communities. A worldwide fellowship of men and women helping each other to maintain sobriety and share recovery experiences with others.

www.sober.com

ALS Association

916-979-9265

2717 Cottage Way, Suite 17, Sacramento, Ca. 95825

Support for people with ALS (Lou Gehrigs Disease) and their families.

www.alsa.org

Alta California Regional Center El Dorado County

530-626-1353

344 Placerville Dr. Suite 1, Placerville, Ca. 95667

Monday – Friday 6am-6:30pm, Saturday 8am-1:30pm.

Diagnosis and evaluation, for the developmentally disabled.

<http://www.altaregional.org>

Alta California Regional Center Placer County

916-786-8110

1620 Santa Clara Dr. Suite 100, Roseville, Ca. 95661

Monday – Friday 6am-6:30pm, Saturday 8am-1:30pm.

Diagnosis and evaluation, for the developmentally disabled.

<http://www.altaregional.org>

Alta California Regional Center Headquarters

916- 978-6400

916-489-4241 TDD

2241 Harvard St. Suite 100 Sacramento, Ca.95815

Monday – Friday 6am-6:30pm, Saturday 8am-1:30pm.

Diagnosis and evaluation, for the developmentally disabled.

<http://www.altaregional.org>

Alta California Regional Center Alpine, Placer, Nevada, Eastern El Dorado Counties.

530-542-0442

2489 Lake Tahoe Boulevard, Suite 1, South Lake Tahoe, Ca. 96150

Diagnosis and evaluation, for the developmentally disabled.

<http://www.altaregional.org>

Alzheimer's Association of Northern California

916-930-9080

800-272-9080

1455 Response Rd. Suite 190, Sacramento Ca. 95815

Support, information, referrals to residential day care, facilities, physicians, elder law.
www.alznorcal.org

Alzheimer's Diagnostic and Treatment Center of UC Davis.

916-734-5496

4860 Y St. Suite 3900, Sacramento, Ca. 95817

Multi-disciplinary, diagnostic evaluation. Medicare reimbursable. Referrals from professionals or from family.

www.ucdmc.ucdavis.edu/Alzheimers

Alzheimer's Aid Society of Northern California

916-483-2002 or 800-540-3346

2641 Cottage Way, Suite 4, Sacramento, Ca. 95825

Provides families with education, support & referral services.

<http://www.alzheimersaidsocietync.org>

Alzheimer's Support Group

530-626-6939

Elder Options, Inc. located at 82 Main St. Placerville, Ca. 95667 (upstairs conference room).

Meets third Monday of each month, 10am-11:30am. Open to anyone wishing support and information regarding Alzheimer's disease and related disorders. Facilitated by Professional Geriatric Care Manager (PGCM).

www.elderoptionsca.com

American Association of Retired Persons (AARP)

916-556-3036

1415 L St. Suite 960, Sacramento, Ca. 95814

Consumer information, advocacy, investment, insurance, tax assistance, 55years old and older driving classes.

For help with taxes in El Dorado County call: **530-642-9477**

www.aarp.org/states/ca

American Cancer Society

916-446-7933

1545 River Park Dr. Suite 100, Sacramento, Ca. 95815

530-888-7434

2376 Grass Valley Hwy, Auburn, Ca. 95603

Information and equipment loan or purchase for cancer patients. Call for Transportation for cancer patients.

www.cancer.org

American Diabetes Association (Sacramento)

916-924-3232

1900 Point West Way, Suite 212, Sacramento, Ca. 95815.

www.diabetes.org

American Heart Association

916-446-6505 Sacramento office

2007 O St. Sacramento, Ca. 95811

775-322-7065 South Lake Tahoe office

Works toward building healthier lives, free of cardiovascular diseases and stroke through research, education, and supporting people affected by cardiovascular issues.

www.americanheart.org

American Lung Association

916-554-5864

1531 I St. Suite 201, Sacramento, Ca. 95814

Works toward improving lung health and preventing lung disease through research, education, and advocacy.

www.lung.org

American Red Cross, Sacramento/ Sierra Chapter / Sierra Delta/ Gold County Region.

916-993-7070

1565 Exposition Blvd. Sacramento, Ca. 95815

Assistance to victims of disasters. Classes in CPR, first aid, health & safety and AIDS education are offered.

www.sacsierraredcross.org

Amtrak- Reservations

800-872-7245

<https://www.amtrak.com/home>

Area Agency on Aging (PSA#29) (El Dorado County)

530-621-6150

937 Spring St. Placerville, Ca. 95667

Programs for residents 60+ years old. Includes meals, housing, and activities.

http://www.edcgov.us/Government/HumanServices/Senior_Services/Senior_Services.aspx

Area Agency on Aging (PSA#12) (Amador, Calaveras, Mariposa, Tuolumne, Alpine County)

209-532-6272

800-510-2020

19074 Standard Rd. Suite A, Sonoma, CA 95370

Programs for residents 60+ years old. Includes meals, housing, and activities

<http://www.area12.org/>

Area Agency on Aging (PSA#4) (Sacramento, Placer, Sierra, Sutter, Yuba, Yolo, Nevada County)

916-486-1876

2260 Park Towne Cir. Suite 100, Sacramento, Ca. 95825

Tuesday-Friday 8:30am-4:30pm. Programs for residents 60+ years old. Includes meals, housing, and activities

<http://agencyonaging4.org>

Arthritis Foundation

916-368-5599

1851 Heritage Lane, Suite 183, Sacramento, Ca. 95815

Public educations, patient services, self-help, P.A.C.E. support groups, research is offered.

www.arthritis.org

Assisted Living / Residential Care Facilities for the Elderly (RCFE) of El Dorado County

Apple Country Care Home

530-644-3026

4330 Harness Tract, Camino, Ca. 95709

Apple Country Care Home II

530-622-3033

6245 El Dorado St. El Dorado Hills, Ca. 95623

At Home Serenity

916-933-7876

1660 Downieville Ct. El Dorado Hills, Ca. 95762

Comforts Manor

916-949-4311

5001 Whistler's Bend Way, El Dorado Hills, Ca. 95762

El Dorado Hills Senior Care Village

916-933-1032

2904 Tam O'Shanter, El Dorado Hills, Ca. 95762

El Dorado Manor

530-672-2654

3808 De Sabla Rd. Cameron Park, Ca. 95682

Elite Elder Care

916-941-6891

2041 Bates Cir. El Dorado Hills, Ca. 95762

Eskaton Cameron Park Lodge

530-672-8900

3421 Palmer Dr. Cameron Park, Ca. 95682

Eskaton Village Placerville

530-295-3400

3380 Blairs Lane, Placerville, Ca. 95667

Gold Country Health Center (Assisted Living and Skilled Nursing)
530-621-1100

4301 Golden Center Dr. Placerville, Ca. 95667

Hillcrest Care
916-983-9988

971 Big Sur Ct. El Dorado Hills, Ca. 95762

Home Sweet Home
530-677-8724

2994 Alhambra Ct. Cameron Park, Ca. 95682

Lake Hills Villa
916-591-6073

737 Cresta Ct. El Dorado Hills, Ca. 95762

Lake View Residential Care
916-933-1230

2932 Aberdeen Lane, El Dorado Hills, Ca. 95762

Lake Front Oaks Estate
530-622-8029

2272 Stagecoach Rd. Placerville, Ca. 95667

Larc's Care Home
530-677-6724

3488 La Canada Dr. Cameron Park, Ca. 95682

New West Haven
530-672-0333

2551 Cameo Dr. Cameron Park, Ca. 95682

New West Haven 2
530-677-2979

2551 Cameo Dr. Cameron Park, Ca. 95682

Oxford Manor
530-676-0150

3180 Oxford Rd. Cameron Park, Ca. 95682

Oak Creek Senior Care
916-939-0926

2908 Tam O'Shanter, El Dorado Hills, Ca. 95762

Oak Haven Senior Care
916-939-0926

2906 Tam O'Shanter, El Dorado Hills, Ca. 95762

Oak Hill Senior Care

916-939-0962

2920 Tam O'Shanter, El Dorado Hills, Ca. 95762

Oakridge Senior Care

916-939-0926

2896 Canterbury Cir. El Dorado Hills, Ca. 95762

Pine Tree Villa

530-672-9080

3353 Cimmaron Rd. Cameron Park, Ca. 95682

Pleasant Care Home

530-644-7540

4880 Rivendale Rd. Placerville, Ca. 95667

Ponte Palmero

530-677-9100

3083 Ponte Marino Dr. Cameron Park, Ca. 95682

Royal Garden

916-939-6940

2961 Warren Lane, El Dorado Hills, Ca. 95762

Sierra Manor

530-642-8802

863 De Bernardi Ct. Placerville, Ca. 95667

Sunny Hill Home Care

916-293-8693

190 Muse Dr. El Dorado Hills, Ca. 95762

Sunshine Manor

530-622-3940

3112 Washington St. Placerville, Ca. 95667

Valley View Guest Home

530-626-6179

891 Oak Terrace, Placerville, Ca. 95667

Whispering Pine

916-939-3784

1666 Downieville Ct. El Dorado Hills, Ca. 95762

Benefits Check Up Program by National Council on Aging

https://www.benefitscheckup.org/?sc_partner_id=0

Quick search engine to find benefit programs to assist with paying for medications, health care, food and more.

Bereavement Support Group / Snowline Hospice

530-621-7820

6520 Pleasant Valley Rd. Diamond Springs, Ca. 95619

916-817-2338

100 Howe Ave. Suite 206 S, Sacramento, Ca. 95825

Adult & children's support groups for those who are grieving a recent death.

<http://snowlinehospice.org>

Bipolar Insights

530-642-0859

3500 Missouri Flat Rd. Room 304, Placerville, Ca. 95667

Mailing address: 879 Union St. Placerville, Ca. 95667

Support groups for individuals, friends & families.

www.bipolarinsights.com

Blind Services (Office of Services to the Blind)

916-657-3327

744 P St. Sacramento, Ca. 95814

State agency providing counseling, job placement, diagnostic services, equipment & training.

<http://www.cdss.ca.gov>

Breast Cancer Support Group / Marshall Hospital

Contact: "Charlie" Hall at **530-644-3963**

530-672-7050 for more information, times, and locations.

Support group centered on women with breast cancer led by breast cancer survivors.

<https://www.marshallmedical.org/?id=57&sid=1>

Bridge Club for Ladies

530-642-9117

4909 Tullis Mine Rd. Diamond Springs, Ca. 95619

California Department of Consumer Affairs

800-952-5210

916-574-8220

1625 North Market Blvd. Sacramento, Ca. 95834

Information & general referral on consumer issues include, auto repairs, smog issues & complaints.

www.dca.ca.gov

California Department of Consumer Insurance Hotline

800-927-4357

Sacramento Office: 300 Capitol Mall, Suite1700, Sacramento, Ca. 95814.
Consumer information and complaints.

www.insurance.ca.gov

California Department for Independent Living Centers

916-325-1690

916-325-1695 TTY

1000 G St. Suite100, Sacramento, Ca. 95814

Support for people with disabilities.

www.cfilc.org

California Department of Rehabilitation

530-626-0900

530-626-0900TTY

1166 Broadway, Suite S, Placerville, Ca. 95667

State agency providing vocational programs for those eligible.

<http://www.rehab.cahwnet.gov/>

California Department of Social Services

916-651-8788

744 P St. Sacramento, Ca. 95814

Supervises & regulates financial aid to needy families in California.

www.dss.cahwnet.gov/cdss.web

California Employment Development Department (EDD)

Disability Insurance Branch (DIB)

800-300-5616 - (EDD)

800 Capitol Mall, MIC 83, Sacramento, Ca. 95814 (EDD)

800-480-3287- (DIB)

5009 Broadway, Sacramento, Ca. 95818 (DIB)

Job/ unemployment/ disability insurance services.

www.edd.ca.gov

California Retired Teacher's Association

916-923-2200

800 Howe Ave. Suite 370, Sacramento, Ca. 95825

Works with retired teachers on educational issues.

<http://www.calrta.org/>

California Senior Legislature / EDC Area Agency on Aging

530-295-2581

937 Spring St. Placerville, Ca. 95667

530-573-3490 South Lake Tahoe office

3368 Lake Tahoe Blvd. Suite 202, South Lake Tahoe, Ca. 96150

Seniors' advocate with the California Legislature.

www.co.el-dorado.ca.us

California Telephone Access Program (CTAP)

800-806-1191

800-806-4474 TTY

Provides free specialized telephone equipment to California residents having function limitations such as vision, mobility, or speech impairments.

<http://ddtp.cpuc.ca.gov/>

CAPE (Citizen Advocates for the Protection of Elders)

530-642-4860

3057 Briw Rd. Placerville, Ca. 95667

Program created to identify and prevent elder abuse.

<http://www.co.el-dorado.ca.us/humanservices/Cape.html>

Caregiver Action Network

202-454-3970

Dedicated to improving the quality of life for the nation's caregivers.

<http://caregiveraction.org>

Caregiver Support Group / Marshall Hospital

530-672-7050 call for more information and times.

3581 Palmer Dr. Suite 400, Cameron Park, Ca. 95682

Support group for caregivers of all kinds.

The Center (The Center for Violence Free Relationships)

530-626-1450 or 916-939-4464

24-hour crisis line **530-626-1131**

344 Placerville Dr. Suite 11, Placerville, Ca. 95667

Support for victims and families of domestic violence & sexual assault.

www.thecenternow.org

Central Sierra Regional Occupational Program (R.O.P)

530-621-0123

4675 Missouri Flat Rd. Placerville, Ca. 95667

Part California Public school system to serve High School student to prepared for college and career. Dental careers program and continuing student's options and services, offered to all ages.

www.eduhsd.net

Child Protective Services / El Dorado County

530-621-5600

3057 Briw Rd. Placerville, Ca. 95667

<http://www.co.el-dorado.ca.us/humanservices/CPS.htm>

Commission on Aging / EDC Area Agency on Aging

530-621-6150

937 Spring St. Placerville, Ca. 95667

<http://www.co.el-dorado.ca.us/humanservices/commissiononaging.htmlhelpathome.com>

Community Health Library / Marshall Hospital

530-295-1056

3581 Palmer Dr. Suite 101, Cameron Park, Ca. 95682

Health resources for consumers and research.

www.marshallmedical.org

Congress of California Seniors

800-543-3352

1230 N St. Suite 201, Sacramento, Ca. 95814

Non-profit advocacy organization. Advocates on behalf of senior issues like bills and budgets.

And works with Medi-Cal.

www.seniors.org

Consumnes River College

916-691-7344

8401 Center Parkway, Sacramento, Ca. 95823

Community college offering vocational certificates and AA degrees.

<https://www.crc.losrios.edu/>

County General Assistance Program / El Dorado County

530-642-7300 El Dorado County

3057 Briw Rd. Suite A, Placerville, Ca. 95667

Repayable program designed to assist indigent adults to meet their basic needs.

<http://www.co.el-dorado.ca.us/humanservices/generalassistance.html>

County Medical Services Program (CMSP) El Dorado County

530-642-7300

3057 Briw Rd. Suite A, Placerville, Ca. 95667

<http://www.co.el-dorado.ca.us/humanservices/CMSP.html>

Deaf and Disabled Telecommunications Access Service center

1-800-806-1191

1300 Essen Way Suite 105, Sacramento, Ca. 95825

Equipment & services for individuals certified as having functional limitations of hearing, vision, mobility, speech, and / or interpretation of information.

www.ddtp.org

Del Oro Caregiver Resource Center

916-782-9333

8421 Auburn Blvd. Suite 120, Citrus Heights, Ca. 95610

Monday- Thursday 8:30am-4pm. Serves Sacramento and 12 other counties in the area. Services for caregivers of brain-impaired adults. Limited respite, short-term counseling, information referral, legal consultation & community education.

www.deloro.org

Department of Veterans Affairs (Cal-Vet)

800-952-5626

800-324-5966 TDD

1227 O St. Sacramento, Ca. 95814

Veterans' burial & survivor benefits, service & non-service connected death benefits.

www.calvet.va.gov

Dial-a-Ride / El Dorado Transit

530-642-5383

1-800-855-2880 TTY/TDD

6565 Commerce Way, Diamond Springs, Ca. 95619

Telephone hours 8am to 5pm. **Dial-A-Ride** requires a three-day advance reservation. Also see **El Dorado Transit** listing.

<http://www.eldoradotransit.com/>

Disability & Employment Rights Advocacy

916-491-0516

604 12th St. Sacramento, Ca. 95814

Advocacy & information services.

www.disabilityrightsca.org

Divide Wellness Center – Georgetown

530-333-2548

530-642-3511 Placerville Office

6065 Hwy. 193, Georgetown, Ca. 95634

Preventive medical care & social services.

www.marshallmedical.org

DMV- Placerville Office

800-777-0133

2919 Cold Springs Rd. Placerville, Ca. 95667

Administers statewide Driver's licensing, vehicle registration, and ID card programs

Disabled parking placards and handbooks available. Appointments advisable before visiting a field office. Hours: M.T. Th. F. 8am- 5pm; Wed 9am-5pm.

<http://www.dmv.ca.gov>

Elder Abuse & Outreach Program / Victim and Witness Services/ District Attorney's Office

530-642-4760

530-573-3100 South Lake Tahoe

515 Main St. Suite H, Placerville, Ca. 95667

Crime awareness must be a victim.

<http://www.co.el-dorado.ca.us/eldoda/elder.htm>

Elder Care Locator**800-677-1116****TTY/TDD Dial 711** and relay to **800-677-1116**

Offers information for older adults and their families or caregivers about senior services.

<http://www.eldercare.gov>**Elder Options, Inc.****530-626-6939 or 800-336-1709**

Main Office: 82 Main St. Placerville, Ca. 95667

530-541-1812**916-391-8083**

South Lake Tahoe office: 2197 Lake Tahoe Blvd. Suite 4, South Lake Tahoe, Ca. 96150

Professional care management agency serving elders, adults & people with disabilities. Home visits, in-home provider employees, assessments, family meetings & placement assistance.

www.elderoptionsca.com**El Dorado Community Foundation****530-622-5621**

P.O 1388, Placerville, Ca. 95667

312 Main St. Suite 201, Placerville, Ca. 95667

Local philanthropic resources, convening, & grant making.

<http://www.eldoradocf.org>**El Dorado Community Health Center / Placerville office****530-621-7700**

4327 Golden Center Dr. Placerville, Ca. 95667

Diamond Springs office

4641 Missouri Flat Rd. Placerville, Ca. 95667

Cameron Park office

3104 Ponte Morino, Suite 110, Cameron Park, Ca. 95682

Cameron Park Immediate Care /Dentistry office**530-497-5016**

3100 Ponte Morino, Suite 120, Cameron Park, Ca. 95682

Primary health care and medical programs for the uninsured. Programs and services offered include: dentistry, immunizations, acute care, preventative healthcare, chronic care management and illness prevention. At dentistry office, emergency services, exams, x-rays are offered.

<http://www.edcchc.org/>**El Dorado Hills Community Services District****916-933-6624**

1021 Harvard Way, El Dorado Hills, Ca. 95762

8am-5pm. Variety of services including park, recreation, & open space services to El Dorado Hills.

www.edhcsd.org**El Dorado Council on Alcoholism (EDCA)**

530-622-8193

893 Spring St. Placerville, Ca. 95667

DUI School. AA and programs relating to alcoholism, teen programs, drug Diversion, community service for DUI.

El Dorado County Adult Education

530-295-2434

385 Pleasant Valley Rd. Diamond Springs, Ca. 95619

http://www.edcoe.k12.ca.us/programs/adult_ed/index.html

El Dorado County Elder ID

530-621-6181

800-510-2020 Toll free

935-A Spring St. Placerville, Ca. 95667

Offers a tracking system used to safeguard people with Alzheimer's disease & other dementias or who have a tendency to wander. Identifier to law enforcement to help identify a cognitively impairment persons if person is lost or has an encounter with law enforcement. Run through Senior Daycare, free program

El Dorado County Commission on Aging

530-642-7276

937 Spring St. Placerville, Ca. 95667

530-573-3490 South Lake Tahoe office

Meetings commence at 10:00 and vary for dates & meeting places, call for more information.

Advisory board to the EDC Board of Supervisors on programs related to the elderly.

www.co.el-dorado.ca.us

El Dorado County Department of Human Services

530-642-7300

3057 Briw Rd. Suite A, Placerville, Ca. 95667

Programs designed to meet basic needs & to improve the quality of life for residents.

www.co.el-dorado.ca.us/humanservices

El Dorado County Elder Abuse & Outreach Program

530-642-4800

3057 Briw Rd. Placerville, Ca. 95667

Assists seniors & dependent adults with crime prevention, awareness, & reporting.

www.co.el-dorado.ca.us/eldoda/victim.html

El Dorado County Home Energy Assistance Program (HEAP)

530-621-6150

937 Spring St. Placerville, Ca. 95667

530-573-3490 South Lake Tahoe office

1360 Johnson Blvd. Suite 103, South Lake Tahoe, Ca. 96150

Federally funded direct payment program to assist eligible households in offsetting the cost of heating and/ or cooling their homes.

<https://www.edcgov.us/HEAP/>

El Dorado County Public Housing Authority (Section 8 Housing)

530-621-6300

2900 Fair Lane Ct. Placerville, Ca. 95667

Closed Monday. Tuesday-Friday 8am-5pm.

Rental Assistance Program, Family Unification Assistance, Family Self-Sufficiency Assistance

<http://www.co.el-dorado.ca.us/humanservices/pubhousauth.html>

El Dorado County Public Health Department

530-621-6100

931 Spring St. Placerville, Ca. 95667

Comprehensive network of health services.

www.co.el-dorado.ca.us/publichealth

El Dorado County Medical Services Program (CMSP)

530-642-7300

3057 Briw Rd. Placerville, Ca. 95667

530-573-3200 South Lake Tahoe office

Medical assistance to residents who do not meet Medi-Cal eligibility criteria.

http://www.edcgov.us/Government/HumanServices/Health_Care_Services/CMSP.aspx

El Dorado County Office of Education

530-622-7130

6767 Green Valley Rd. Placerville, Ca. 95667

Grandparent Support Group for Head Start.

<http://www.edcoe.k12.ca.us>

El Dorado County Senior Day Care

530-621-6180

935 Spring St. Suite A, Placerville, Ca. 95667

Dementia or cognitive impairment offered activities and exercise.

http://www.edcgov.us/Government/HumanServices/Senior_Services/Senior_Day_Care/Senior_Day_Care.aspx

El Dorado County Senior Information and Assistance Program

530-621-6369 or 800-510-2020

937 Spring St. Placerville, Ca. 95667

Monday -Friday 8am to 5pm. Info regarding housing, in home care, repairs & yard work, taxes, Medicare counseling, volunteer services, employment, APS, care giver support, health insurance, long-term care, adult day care, meals on wheels, and daily reassurance phone calls.

http://www.edcgov.us/Government/HumanServices/Senior_Services/Senior_Information_and_Assistance.aspx

El Dorado County Sheriff's Department

530-621-5655

300 Fair Lane, Placerville, Ca. 95667
<http://www.edcgov.us/Sheriff/>

El Dorado County Sheriff's Office
530-573-3000

1360 Johnson Blvd. Suite 100, South Lake Tahoe, Ca. 96150
www.co.el-dorado.ca.us/sheriff

El Dorado County Department of Veterans Services
530-621-5892

130 Placerville Dr. Suite B, Placerville, Ca. 95667
Monday-Thursday 9am-4pm. Friday: new client walks in's 9:30am-12:30pm.

530-573-7955 X5892 South Lake Tahoe Office

3050 Lake Tahoe Blvd. South Lake Tahoe, Ca. 96150

Assists veterans, their families, & survivors in obtaining entitlements from federal, state, & local agencies administering veterans programs.

<http://www.edcgov.us/Veterans/>

Emergency Medical Services of El Dorado County
530-621-6500

2900 Fair Lane Ct. Placerville, Ca. 95667

530-573-7955 x 6500 South Lake Tahoe number.

916-358-3555 x6500 El Dorado Hills number.

<http://www.co.el-dorado.ca.us/sheriff/oes.asp>

Employment Development Department Career Center
916-746-7722

115 Ascot Dr. Suite 180, Sacramento Ca. 95661

Monday-Friday 8am-5pm. Phones and computers for contacting employment, job training opportunities, employment connections, direct training for different training programs.

<http://www.edd.ca.gov/>

Eskaton

916-334-0810

5105 Manzanita, Carmichael, Ca. 95608

Through innovative health, housing, and social services Eskaton improves quality of life for seniors.

<http://www.eskaton.org/senior-connection>

Family Caregiver Support Program (FCSP) / El Dorado County
530-621-6151

937 Spring St. Placerville, Ca. 95667

Referrals, caregiver education, respite care for caregivers or grandparents raising a grandchild.

<http://www.co.el-dorado.ca.us/humanservices/fcsp.html>

Federated Church

530-622-0273

1031 Thompson Way, Placerville, Ca. 95667
Senior issues, exercise and health programs.

www.eldoradofederatedchurch.org

Folsom Lake College

916-608-6500

10 Parkway, Folsom, Ca. 95630

Rancho Cordova Center

916-361-6321

10259 Folsom Blvd. Rancho Cordova, Ca. 95670

Community college offering vocational certificates and AA degrees.

<http://www.crc.losrios.edu/>

Food Bank of El Dorado County

530-621-9950

4550 Business Dr. Cameron Park, Ca. 95682

Food to less fortunate children, seniors & families in El Dorado County.

www.foodbankedc.org

Food Closet / Green Valley Community Church

530-622-3231

3500 Missouri Flat Rd. Placerville, Ca. 95667

Services: Wednesday 7pm, Saturday: 6pm and Sunday: 8:30am, 10am, 11:30am.

www.gvcconline.com

Food Closet / S.H.A.R.E.

530-629-8299

Lower level, Federated Church: 1031 Thompson Way, Placerville, Ca. 95667.

Closed Holidays. Groceries given out with community referral

www.elderadofederatedchurch.org

Food Stamps / El Dorado County

530-642-7300

530-573-3200 South Lake Tahoe

3057 Briw Rd. Suite A, Placerville, Ca. 95667

<http://www.myfoodstamps.org/eldorado.html>

Gold Rush Medical Supplies

530-622-4132 Placerville office

1261 Broadway, Placerville, Ca. 95667

<http://www.robinsonsmedical.com/>

Government Assistance Federal Information Center

1-844-872-4681

Monday-Friday 8am-8pm (E.T.)

Find information about countless government programs

<http://www.gsa.gov/portal/category/101011>

Health Department, El Dorado County

530-621-6100

530-573-3155 South Lake Tahoe

931 Spring St. Placerville, Ca. 95667

Low-to-no-cost health screening clinics, STD & HIV testing. By appointment only.

<http://www.co.el-dorado.ca.us/publichealth/>

Health Insurance Counseling and Advocacy Program (HICAP)

530-621-6369 x3

Program offered at three different locations, Placerville Senior Center at

937 Spring St. Placerville, Ca. 95667

Services available by appointment only, call to make an appointment.

El Dorado Hills Senior Center and South Lake Tahoe Senior Center offer same program (see Senior Center section for address)

[https://www.edcgov.us/Government/HumanServices/Senior_Services/Health_Insurance_Counseling_and_Advocacy_Program_\(HICAP\).aspx](https://www.edcgov.us/Government/HumanServices/Senior_Services/Health_Insurance_Counseling_and_Advocacy_Program_(HICAP).aspx)

Health Rights Hotline

916-551-2100 or 888-354-4474

916-551-2180 TTY

519 12th St. Sacramento, Ca. 95814

Independent source of free information and assistance for health care consumers.

<http://hrh.org>

Home Energy Assistance Program (HEAP) / El Dorado County

530-621-6150

937 Spring St. Placerville Ca. 95667

530-573-3490 South Lake Tahoe

1360 Johnson Blvd. Suite 130, South Lake Tahoe Ca.

Public program to assist eligible households in offsetting energy Costs. Priority is given to elderly and disabled.

www.co.el-dorado.ca.us/humanservices/homeenergy.html

Housing Emergency Lodging Program (H.E.L.P.)

530-306-2352

P.O Box 1762 Shingle Spring, Ca. 95682

Can call during regular business hours leave a voicemail if no answer.

Volunteers providing emergency short term Housing.

Housing Options Made Easy for Elders

916-977-0188

5431 Auburn Blvd. Suite 190, Sacramento, Ca. 95841

Free information & referral service to help seniors locate housing.

<http://www.housing-options.com>

IHSS (In Home Support Services) El Dorado County

530-642-4800

3057 Briw Rd. Placerville, Ca. 95667

Provides in-home assistance to those eligible.

<http://www.dss.cahwnet.gov>

InfoLine Sacramento

916-498-1000

801 I St. Sacramento, Ca. 95814

Monday through Friday, 8:30am - 4:45pm. Information for Sacramento County.

www.beehiveSacramento.org

Kaiser Permanente Folsom (Clinic & offices only)

916-817-5000

800-464-4000 Kaiser Permanente Customer Service

2155 Iron Point Rd. Folsom, Ca. 95630

www.kaiserpermanente.org

Kindred Transitional Care and Rehabilitation Hospital

530-889-0707

11600 Education St. Auburn, Ca. 95603-2468

<http://www.sienacarectr.com/>

Legal Center for the Elderly and Disabled

916-488-5298

2826 Arden Way, Suite 200, Sacramento, Ca. 95825

http://www.probono.net/oppsguide/organization.76329-Legal_Center_for_the_Elderly_Disabled

Legal Services of Northern California

916-551-2150

515 12th St. Sacramento, Ca. 95814

www.lsnr.info

Libraries

Hours available on website listed

<http://www.eldoradolibrary.org/>

Cameron Park

530-621-5500

2500 Country Club Drive Cameron Park, Ca. 95682

El Dorado Hills

916-358-3500

7455 Silva Valley Parkway, El Dorado Hills, Ca. 95762

Georgetown

530-333-4724

6680 Orleans, Georgetown, Ca. 95634

Placerville (Main Library)

530-621-5540

345 Fair Lane, Placerville, Ca. 95667

Pollock Pines

530-644-2498

6210 Pony Express Trail, Pollock Pines, Ca. 95726

South Lake Tahoe

530-573-3185

1000 Rufus Allen Blvd, South Lake Tahoe, Ca. 96150

Bookmobile Desk at Placerville Library

530-621-5540

Literacy Services Program, El Dorado County Library

530-621-5723

Free one-on-one reading instruction for adults. Family Literacy Program one night per month.

<http://www.eldoradolibrary.org/literacy.htm>

“Living with Loss” or “Grief Shares” class.

530-622-3231 x200

Green Valley Community Church Class: 3500 Missouri Flat Rd. Placerville, Ca. 95667

Ongoing class/support group for people dealing with a loss. Call for information.

Long Term Care Ombudsman Program El Dorado County

530-621-6271

800-231-4024 Crisis line

3057 Briw Rd. Placerville, Ca. 95667

Assistance with selecting a long term care facility.

www.co.el-dorado.ca.us/comserv/Pages/LTCO.html

Loss Support Group / Marshall Hospital

1-916-286-3691x 15000 for more information.

3191 Turner St. Placerville, Ca. 95667 (corner of Corker/Turner)

Wednesdays from 7:30pm to 9pm. Program to assist suffering a loss of any kind.

www.marshallmedical.org

Marshall Home Care

530-626-2900

681 Main St. Suite 206, Placerville, Ca. 95667

Medicare certified in-home skilled nursing, physical, occupational and speech therapy. Medical & social services to homebound.

www.marshallmedical.org

Marshall Hospital / Medical Center

530-622-1441

TDD 530-626-2970

Physician referral 530-676-0777

1100 Marshall Way, Placerville, Ca. 95667

General hospital services, E.R. & TCC unit.

www.marshallmedical.org

Marshall Medical Community Health Library

530-626-2778

3581 Palmer Dr, Suite 101 Cameron Park Ca. 95682

Information on various health conditions

www.marshallmedical.org/library.cfm

Meals-On-Wheels

530-621-6160

See “Senior Nutrition Program, El Dorado County” for locations.

http://www.edcgov.us/Government/HumanServices/Senior_Services/Senior_Nutrition_Services.aspx

Medi-Cal / El Dorado County

530-642-7300

3057 Briw Rd. Suite A, Placerville, Ca. 95667

530-573-3200 South Lake Tahoe

Medi-Cal coverage for eligible individuals and families.

<http://www.co.el-dorado.ca.us/humanservices/medi-cal.html>

Medicare

Social Security Administration

530-626-8421

1-800-325-0778 TDD

3916 Missouri Flat Rd. Placerville, Ca. 95667

<http://socialsecurityhop.com/offices/social-security-office-placerville-ca-95667-california>

Mental Health Day Treatment Center, El Dorado County

530-622-3345 Crisis

530-621-6200

670 Placerville Dr. Suite B, Placerville, Ca. 95667

530-573-7800 South Lake Tahoe

Services for 18+ with serious mental illness & emotional needs.

<http://www.co.el-dorado.ca.us/mentalhealth>

Mercy Hospital Folsom

916-983-7400

1650 Creekside Dr. Folsom, Ca. 95630

Acute care hospital and emergency room services

<http://www.mercyfolsom.org>

Mineral & Gem Society, El Dorado County

530-676-2472

Mailing address: P.O Box 950, Placerville, Ca. 95667

General meeting 3rd Tuesday of each month, 7pm to 9pm weekly: Wednesday 7pm to 9pm.

Meetings are held at American Legion Hall 451 Greenstone Rd. Placerville Ca. 95667

www.eldoradomineralandgem.org

Mother Lode Big Brothers and Big Sisters

530-622-1222

3461 Robin Lane, Cameron Park, Ca. 95682

Program matches single parent child with adult mentor.

<http://www.mentors4youth.org/>

Motherlode Rehabilitation Enterprises, Inc. (M.O.R.E.)

530-622-4848

399 Placerville Dr. Placerville, Ca. 95667

Vocational training, job placement, independent living training for developmentally disabled adults.

<http://morerehab.org>

MSSP (Multi Services Senior Program) El Dorado County

530-621-6278

3057 Briw Rd. Placerville, Ca. 95667

Case management for Medi-Cal eligible elderly individuals.

www.co.el-dorado.ca.us/humanservices/MSSP.html

Muscular Dystrophy Association

916-921-9518

310 Lava Ridge Ct. Suite 160, Roseville Ca. 95661

<http://www.mda.org/>

National Alliance on Mentally Ill

800-950-6264 (Information helpline)

916-567-0163 California office

530-677-2676 El Dorado County office

Advocacy for the mentally ill. Support for family.

<http://www.nami.org>

National Council on Disability

202-272-2004

202-272-2074 TTY

1331 F St. N.W., Suite 850, Washington D.C. 20004

Federal public policy agency for people with disabilities.

www.ncd.gov

National Council on Independent Living

202-207-0344

202-207-0340 TTY

2013 H St. NW, 6th floor, Washington, D. C. 20006

Advances the independent living philosophy.

www.ncil.org

National Institute on Aging

800-222-2225

1-800-222-4225 TTY

Mailing address: P.O Box 8057, Gaithersburg, MD. 20898

www.nia.nih.gov

National Library Service for the Blind and Physically Handicapped-The Library of Congress

800-424-8567

202-707-0744 TDD

Through a network of cooperating libraries, NLS is a free library program of Braille and audio materials circulated to eligible borrowers in the U. S. by postage-free mail.

www.loc.gov/nls

National Stroke Association

800-787-6537

www.stroke.org

NorCal Center on Deafness

916-349-7500

4708 Roseville Rd. North Highlands, Ca. 95660

Assistance for people with hearing difficulties

<http://www.norcalcenter.org>

Nursing Home Website

The primary purpose of this tool is to provide detailed information about the past performance of every Medicare and Medicaid certified nursing home in the U.S.

www.medicare.gov/NHCompare/home.asp

Office of the Patient Advocate

916-324-6407

980 9th St. Suite 8017, Sacramento, Ca. 95814.

Aides HMO enrollees to ensure that they have access to all health care entitled them.

www.opa.ca.gov

Ombudsman for Long Term Care for El Dorado County

530-621-6271

1-800-231-4024 Crisis line

Advocate for residents of nursing homes, board and care homes, and assisted living.

<http://co.el-dorado.ca.us/humanservices/LTCO.html>

Ombudsman Services of Northern California

916-376-8910 Sacramento County

530-621-6271 El Dorado County

Seven county programs for residents of long-term care facilities and for families, friends & staff members acting on the behalf of these residents.

www.LSNC.net

Paralyzed Veterans of America

800-424-8200

800-795-4327 TTY

801 Eighteenth St. N.W., Washington D.C. 20006

Information and advocacy agency working to restore function/quality of life for veterans with spinal cord dysfunction.

www.pva.org

Parkinson's Disease Foundation

800-457-6676

Offers research, education, support, and outreach about Parkinson's disease.

www.pdf.org

Placer Independent Resource Services Inc. (PIRS)

530-885-6100

530-885-0326 TTY

11768 Atwood Rd. Suite 29, Auburn, Ca. 95603

Advocacy and independent living services for people with disabilities in El Dorado, Alpine, and Placer Counties

www.pirs.org

Placerville Ostomy Association

530-672-7050 for information

Barbra Hoffman **916-941-6942** direct contact.

The group meets regularly at Marshall Cancer Resource Center: 3581 Palmer Dr #600, Cameron Park.

Meets at marshal cancer resource center Placerville 1pm-3pm, 3rd Thursday of the month.

Provides support and encouragement to patients who have had an Ostomy, their families, and caregivers.

<https://www.marshallmedical.org/?id=69&sid=1>

Placerville Parks & Recreation

530-642-5232

549 Main St. Placerville, Ca. 95667

Recreation and leisure activities available for residents.

<http://www.cityofplacerville.org/depts/parks/default.asp>

Poison Control Center

800-222-1222

<http://www.aapcc.org/>

Pride and Joy (Family Connections)

530-626-5164

344 Placerville Dr. Suite10, Placerville, Ca. 95667

Provides services to families of developmentally delayed infants, aged 0 to 36 months.

www.familyconnected.org

Probation Department, El Dorado County

530-621-5625

3974 Durock Rd. Suite 205, Shingles Springs, Ca. 95682.

Adult and juvenile probation.

<http://www.co.el-dorado.ca.us/probation>

Progress House

530-626-9240

2844 Coloma St. Placerville, Ca. 95667

Out patient & Residential services for alcohol/chemical dependency.

<http://progresshouseinc.org>

Psychiatric Emergency Service Hotline

530-622-3345 24/hr Emergency Services

530-544-2219 South Lake Tahoe 24/hr Emergency Services

530-621-6210 Placerville Office

935-B Spring St. Placerville, Ca. 95667

24 hour crisis hotline. Emergency evaluation.

<https://www.edcgov.us/mentalhealth/>

Public Authority for IHSS (In-Home Supportive Services)

510-577-3552

937 Spring St. Placerville, Ca 95667

Employer of record of IHSS providers and provider enrollment.

https://www.edcgov.us/HumanServices/Protective_Services/IHSS.aspx

Public Guardian Program, El Dorado County

530-642-4800

929 spring St. Placerville, Ca. 95667

Assistance to persons the court has determined are unable to function independently.

<http://www.co.el-dorado.ca.us/humanservices/PG.html>

Quality In-Home Care Specialists, Inc.

530-621-2273

1166 Broadway, Suite T, Placerville, Ca. 95619

Private In-Home care.

<http://www.qualityinhomecare.com>

Response Link

844-394-9030 information line.

Medical alert company providing rapid response for emergency situation. Push button emergency help.

<https://www.respondelink.com/>

Robinson's Medical Equipment

916-965-4352 Fair Oaks office

8510 Madison Ave. Suite D, Fair Oaks, Ca. 95628

<http://www.robinsonsmedical.com/>

SAC-MED El Dorado Transit

530-642-5383

800-855-2880 TTY/TDD

6565 Commerece Way, Diamond Springs, Ca. 95619.

Emergency Medical Appoint Transportation Service.

Can make reservation up to 14 days in advance.

<http://www.eldoradotransit.com>

Section 8 Housing, El Dorado County

530-621-6300

2900 Fair Lane Ct. Placerville, Ca. 95667

http://www.edcgov.us/Government/HumanServices/Housing/Housing_Choice_Voucher_Program.aspx

Senior Activities

530-621-6150

937 Spring St. Placerville, Ca. 95667

Recreational activities designed for senior.

www.edcgov.us/humanservices/activities

Senior Apartments

Cameron Park Village

530-677-5548

3433 Palmer Dr. Cameron Park, Ca. 95682

40 units in complex. 2 and 3 bedroom ranging from \$723-\$1,050. Handicapped accessible.

Accepts Section 8. Accepts Tax Credit Project. No: HUD or RD.

Cottonwood Senior Apartments**530-295-1678**

2801 Clay St. Placerville, Ca. 95667

81 units in complex. 1 and 2 bedroom ranging from \$502-\$601. Handicapped accessible.

Accepts Section 8. Accepts Tax Credit Project. No: HUD or RD.

Diamond Springs I**530-622-8553**

623 Pearl Place, Diamond Springs, Ca. 95613

39 units in complex. 2 and 3 bedroom ranging from \$650-\$725. Handicapped accessible.

Accepts Section 8. Does not accept Tax Credit Project. No: HUD. Yes: RD.

Diamond Springs II**530-622-8553**

623 Pearl Place, Diamond Springs, Ca. 95613

39 units in complex. 1, 2& 3 bedroom ranging from \$560-\$695. Handicapped accessible.

Accepts Section 8. Does not accept Tax Credit Project. No: HUD. Yes: RD.

Eskaton Lincoln Manor**503-621-4455**

6600 Motherlode Dr. Placerville, Ca. 95667

45-55 units in complex. Studio and 1 bedroom price is 30% of income. Handicapped accessible.

Does not accept Section 8. Does not accept Tax Credit Project. Yes: HUD. No: RD.

Kelly Ridge Apartments**530-542-1680**

1447 Herbert Ave. South Lake Tahoe, Ca. 96150

32 units in complex. Studio and 1 bedroom ranging from \$540-\$610. Handicapped accessible.

Accepts Section 8. Accepts Tax Credit Project. No: HUD or RD.

Sunrise Garden**530-626-3394**

1400 Woodman Cir. Placerville, Ca. 95667

67 units in complex. 1 and 2 bedroom price is 30% of income. Handicapped accessible. Does

not accept Section 8. Does not accept Tax Credit Project. Yes: HUD. No: RD.

Tahoe Senior Plaza**530-542-7048**

1101 Third St. South Lake Tahoe, Ca. 96150

45 units in complex. 1 bedroom price is 30% of income. Handicapped accessible. Does not

accept Section 8. Does not accept Tax Credit Project. Yes: HUD. No: RD.

Tunnel Street Senior**530-626-6951**

2880 Tunnel St. Placerville, Ca. 95667

38 units in complex. 1 bedroom for \$653. Handicapped accessible. Accepts Section 8. Does not accept Tax Credit Project. No: HUD. Yes: RD.

Senior Day Care Services / Alzheimer's Day Care

530- 621-6180 Resource Center, El Dorado County

935-A Spring St. Placerville, Ca. 95667

Non-medical services for seniors needing assistance or supervision. Caregiver support groups.

<http://www.co.el-dorado.ca.us/humanservices/AdultDayCare.html>

Senior Health Education Program (SHEP), El Dorado County

530-621-6151

Health program for people 60 years or older. Offers weekly exercise classes and monthly presentation.

<http://www.co.el-dorado.ca.us/humanservices/SHEP.html>

Senior Information and Assistance

530-621-6150

937 Spring St. Placerville, Ca. 95667

530-573-3490 South Lake Tahoe

3368 Lake Tahoe Blvd. Suite 202, South Lake Tahoe, Ca. 96150

Offers arrange of social services.

http://www.edcgov.us/Government/HumanServices/Senior_Services/Senior_Services.aspx

Senior Legal Hotline – Legal Services of Northern California

916-551-2140 Sacramento

800-222-1753

515 12th St. Sacramento, Ca. 95814

Free legal advice, oral and written information for seniors.

<http://seniorlegalhotline.org>

Senior Nutrition Program, El Dorado County

530-621-6160

See “Senior Center/Dining Center” for various locations.

Lunchtime Monday through Friday, except holidays. Onsite and home-delivered meals and activities at these locations:

<http://co.el-dorado.ca.us/humanservices/Nutrition.html>

Senior Centers

Diamond Springs Lions Hall / Dining Center

530-622-8131

4701 Missouri & Pleasant Valley Rd. Diamond Springs, El Dorado Hills, Ca. 95623

El Dorado Hills Senior Center / Dining Center

916-939-3837

990 Lassen Lane, El Dorado Hills, Ca. 95762

Greenwood Community Center / Dining Center

530-885-9160

4411 Hwy 193, Greenwood, Ca. 95635

Placerville Senior Center / Dining Center

530-621-6160

937 Spring St. Placerville, Ca. 95667

Pollock Pines Senior Center / Dining Center

530-644-4008

5581 Sanders Dr. Pollock Pines, Ca. 95726

Shingle Springs Community Center / Dining Center

530-672-7442

4440 South Shingle Rd. Shingles Springs, Ca. 95682

Somerset Pioneer Park Community Center

530-620-5432

6740 Fairplay Rd. Somerset, Ca. 95684

South Lake Tahoe Senior Center / Dining Center

530-542-6094

3050 Lake Tahoe Blvd. South Lake Tahoe, Ca. 96150

Senior Legal Center

530-621-6154

937 Spring St. Placerville, Ca. 95667

Must be 60+. Offers assistance with living trusts, wills, POAs, debt counseling.

<http://www.dca.ca.gov>

Senior Peer Counseling (SPC) / El Dorado County

530-621-6304

530-622-3345 County crisis number

937 Spring St. Placerville, Ca. 95667

Peer counseling for people 55 yrs of age or older.

<http://www.co.el-dorado.ca.us/humanservices/SPC.html>

Senior Shuttle

530-621-6369 to reserve or schedule a shuttle.

For 60 years or older, with weekly trips and monthly outings. Not wheelchair accessible

https://www.edcgov.us/Government/HumanServices/Senior_Services/Senior_Shuttle.aspx

Senior Times Newsletter

530-621-6255

Monthly newsletter containing a calendar of events and nutrition menu.

<http://www.co.el-dorado.ca.us/humanservices/Srtimes.html>

S.H.I.E.L.D (Seniors Helping In Law Enforcement like Duties)

530-642-5258

730 Main St. Placerville, Ca. 95667

<http://www.cityofplacerville.org/depts/police/support/shield.asp>

Shingle Springs Tribal Health and Wellness Center

530-387-4975

5168 Honpie Rd. Placerville, Ca. 95667

Drop in health clinic for the general public. Accepts Medi-Cal

<http://www.shinglespringsrancheria.com/healthprogram.html>

Sierra Sacramento Valley Medical Society

916-452-2671

5380 Elvas Ave. Sacramento, Ca. 95819

Provides information on member physicians.

<http://ssvms.org>

Skilled Nursing Facilities

Barton Skilled Nursing

530-543-5885

2170 South Ave. South Lake Tahoe, Ca. 96501

Gold Country Health Center

530-621-1100

4301 Golden Center Dr. Placerville, Ca. 95667

Marshall Medical Center Transitional Care Center

530-626-2822

1100 Marshall Way, Placerville, Ca. 95667

The Pines at Placerville Healthcare Center

530-622-3400

1040 Marshall Way, Placerville, Ca. 95667

Western Slope Health Center

530-622-6842

3280 Washington St. Placerville, Ca. 95667

Snowline Hospice

530-621-7820

6520 Pleasant Valley Rd. Diamond Springs, Ca. 95619
Provides hospice care through a multidisciplinary team. Grief Support groups offered.
<http://www.snowlinehospice.org>

Social Security Administration

530-626-8421

3916 Missouri Flat Rd. Suite A, Placerville, Ca. 95667
Social security retirement, disability, Medicare benefits, SSI. 9:30am to 4:30pm, Monday through Friday.

www.ssa.gov

Social Services, El Dorado County

530-642-7300

3057 Briw Rd. Suite A, Placerville, Ca. 95667

<http://www.co.el-dorado.ca.us/humanservices/index.as>

Speech and Hearing Disabilities, California Telephone Access Program (CTAP)

877-546-7414

800-867-4323 TTY

State agency, provides free telephones for those who are impaired: vision, hearing, memory & mobility

www.ddtp.cpuc.ca.gov/

S.T.A.R.-Sheriff's Team of Active Retirees

530-621-7545

Senior adult citizens that are trained volunteers with the goal to enhance vital crime prevention services and community awareness.

https://www.edcgov.us/Government/Sheriff/Support/STAR_Volunteers.aspx

“Su Familia” National Hispanic Family Health Helpline

866-783-2645

Offers Hispanic consumers free reliable and confidential health information in Spanish and English and helps navigate callers through the health system.

<http://www.hispanichealth.org/su-familia-the-national-hispanic-family-health-helpline.html>

Supplemental Security Administration (SSI)

800-772-1213 Toll-Free Information Number

800-325-0778 TTY

Federal program designed to assist those receiving very low incomes.

www.ssa.gov

Survivor and Burial Benefits Social Security Administration

800-772-1213

800-325-0778 TTY

To report a death, file for survivor benefits, file for burial benefits

www.ssa.gov

Survivorship Support Group / Marshall Hospital

530-672-7050 for more information for times.

3581 Palmer Dr. Suite 400, Cameron Park, Ca. 95682

Support group centered on people who survive a cancer patient. Family, friends, caregivers all welcome.

<https://www.marshallmedical.org/?id=57&sid=1>

Tobacco Use Prevention Program / El Dorado County

530-621-6142

929 Spring St. Placerville, Ca. 95667

http://www.edcgov.us/Government/PublicHealth/ADP/Tobacco_Prevention.aspx

University California Cooperative Extension

530-621-5502

311 Fair Lane, Placerville, Ca. 95667

Conducts Master Gardener, Master Food Preserver classes & 4-H; and has information on similar topics like on agriculture and natural resources.

www.cecentralsierra.ucanr.edu

U.C. Davis Alzheimer's Diagnostic and Treatment Center

916-734-5496

4860 Y St. Suite 3900, Sacramento, Ca. 95817

Multi-disciplinary, diagnostic evaluation. Medicare reimbursable. Referrals from professionals or from family.

<http://alzheimer.ucdavis.edu>

United Spinal Association

718-803-3782

Non-profit organization dedicated to the needs of its members.

www.unitedspinal.org

United Way, El Dorado County

916- 368-3000

10389 Old Placerville Rd. Sacramento, Ca. 95827

<http://unitedwayofeldorado.org/>

Upper Room Dining Hall

530-621-7730

1868 Broadway, Placerville, Ca. 95667

Serves evening meal free from 4pm – 5:30 pm, 7 days a week. No Reservations required. Staffed by various churches & community volunteers.

<http://upperroomdininghall.org/>

Veterans Service Office, El Dorado County

530-621-5892

130 Placerville Dr. Suite B, Placerville, Ca. 95667
<http://www.co.el-dorado.ca.us/veterans/index.html>

Vibra Hospital of Sacramento
916-351-9151

330 Montrose Dr. Folsom, Ca. 95630
Rehabilitation services, ventilator cleaning, wound care and other services.
<http://www.kindredsacramento.com/>

Victim / Witness Program

530-642-4760 Placerville Office
515 Main St. Placerville, Ca. 95667
530-573-3100 South Lake Tahoe Office
1360 Johnson Blvd. South Lake Tahoe, Ca. 96150.
Providing services to crime victims and witnesses
<http://www.co.el-dorado.ca.us/eldoda/victim.html>

Volunteer Program, El Dorado County

530-621-6369
Many of the El Dorado County programs and services use volunteers.
http://www.edcgov.us/Government/HumanServices/Volunteer_Opportunities.aspx

Weatherization Program/ El Dorado County

530-621-6150
937 Spring St. Placerville, Ca. 95667
530-573-3490 South Lake Tahoe
1360 Johnson Blvd. #103, South Lake Tahoe
Federally funded program for eligible low income residents of El Dorado County.
<http://www.co.el-dorado.ca.us/humanservices/homeweatherization.html>

Well Spouse Foundation

800-838-0879
Well Spouse gives support to wives, husbands, and partners of the chronically ill and/or disabled.
www.wellspouse.org

Widowed Persons Association of California

916-972-9722
2628 El Camino, Suite D18, Sacramento, Ca. 9581-5936
Provides opportunity for widowed in social activities.
<http://widowedcal.com>

Women, Infant and Children (WIC) Program / El Dorado County

530-621-6176
937 Spring St. Placerville, Ca. 95667
Supplemental nutritional program to assist pregnant women till child turns 5 years old with nutrition.

<http://www.co.el-dorado.ca.us/humanservices/WIC.html>

Y.A. N. A. (You Are Not Alone)

530-621-6255

The Y.A.N.A. program is designed to provide daily phone contact to individuals.

[http://www.edcgov.us/Government/HumanServices/Senior_Services/Y_A_N_A_\(You_Are_Not_Alone\).aspx](http://www.edcgov.us/Government/HumanServices/Senior_Services/Y_A_N_A_(You_Are_Not_Alone).aspx)

LAKE TAHOE AREA

Adult Protective Services, South Lake Tahoe

530-573-3210

530-642-4800 (Hotline)

981 Silver Dollar Ave. Suite 100, South Lake Tahoe, Ca. 96150

Investigates abuse, neglect, and exploitation of adults.

Alta California Regional

530-542-0442

2489 Lake Tahoe Blvd. Suite 1, South Lake Tahoe, Ca. 96150

Diagnosis and evaluation, for the developmentally disabled.

<http://www.altaregional.org/>

Alzheimer's Association Northern Nevada Support Groups

775-786-8061

1301 Cordone Ave. Suite 180 Reno, NV. 89502

<http://www.alz.org/norcal/>

Barton Home Health and Hospice

530-542-3171

2092 Lake Blvd. Suite 500, South Lake Tahoe, Ca. 96150

<http://www.bartonhealth.org/tahoe/home.aspx>

Barton Memorial Hospital

530-541-3420

2170 South Ave. South Lake Tahoe, Ca. 96150

Social Services/Case Management Monday-Friday 8am to 5pm

www.bartonhealth.org

Books on Wheels / Book Mobile Library

530-573-3185

1000 Rufus Allen Blvd. South Lake Tahoe, Ca. 96150

Delivery system to get reading material to different locations.

Bread & Broth Program

530-544-3533

1041 Lyons Ave. South Lake Tahoe, Ca. 96150

Non-profit organization whose mission is to feed the less fortunate in the area.

California Department of Rehabilitation

530-541-3226

530-541-3226 TTY

2489 Lake Tahoe Blvd. Suite, South Lake Tahoe, Ca. 96150

State agency providing vocational programs for those eligible

www.dor.ca.gov

Child Protective Services

530-573-3201

Investigates abuse, neglect, and exploitation of children.

Christmas Cheer All Year

530-542-4934

1120 3rd St. South Lake Tahoe, Ca. 96150

Tuesday and Thursday 10am to 2pm. Food Pantry.

City of South Lake Tahoe

530-542-6016

<http://www.cityofslt.us/>

City of South Lake Tahoe Senior Center

530-542-6094

3050 Lake Tahoe Blvd. South Lake Tahoe, Ca. 96150

Offers legal services, nutritional program, transportation, activities and dances.

<http://www.cityofslt.us/index.aspx?nid=282>

County General Assistance Program / El Dorado County

530-573-3200

3368 Lake Tahoe Blvd. Suite 100, South Lake Tahoe, Ca. 96150

Repayable program designed to assist indigent adults to meet their basic needs.

http://www.edcgov.us/Government/HumanServices/Cash_Aid_Services/General_Assistance.asp

[x](#)

County Medical Services Program (CMSP) El Dorado County

530-573-3200

3368 Lake Tahoe Blvd. Suite 100, South Lake Tahoe, Ca. 96150

Program designed to assist adults in meeting their medical needs.

http://www.edcgov.us/Government/HumanServices/Health_Care_Services/CMSP.aspx

DMV South Lake Tahoe

800-777-0133 California Lake Tahoe Office

775-684-4368 Nevada Carson City Office

<http://local.dmv.org/california/el-dorado-county/south-lake-tahoe/3344-b--lake-tahoe-boulevard/dmv-office-locations.php>

Elder Options, Inc.

800-336-1709

530-541-1812 South Lake Tahoe office
See Elder Options, Inc. Placerville listing
<http://www.elderoptionsca.com/>

El Dorado County Department of Community Services

530-573-3490
<http://www.edcgov.us/HumanServices/>

El Dorado County Department of Social Services

530-573-3200
<http://www.edcgov.us/HumanServices/>

El Dorado County Department of Veterans Affairs

530-621-5892
<http://www.edcgov.us/Veterans/>

El Dorado County Home Energy Assistance Program

530-573-3490
<https://www.edcgov.us/HEAP/>

El Dorado County In-Home Supportive Services (IHSS)

530-642-4800
https://www.edcgov.us/HumanServices/Protective_Services/IHSS.aspx

El Dorado County Public Health Department

530-573-3155
1360 Johnson Blvd. Suite 103, South Lake Tahoe, Ca. 96150
<http://www.edcgov.us/PublicHealth/>

El Dorado County Senior Nutrition Program

530-621-6160
Hot meals served Monday- Friday at 12:00 pm and home delivered meals.
http://www.edcgov.us/Government/HumanServices/Senior_Services/Senior_Nutrition_Services.aspx

EL Dorado County Victim Witness Program District Attorney's Office

530-573-3100
https://www.edcgov.us/ELDODA/Victim/Witness_Unit.aspx

Family Resource Center

530-542-0740
3501 B Spruce Ave. South Lake Tahoe, Ca. 96150
Low-Income and Latino families, commodities
Offers counseling, advocacy, assistance with health care, job searching, therapy groups and more.

<http://tahoeffc.org/>

Food Stamp Program

530-573-3200

https://www.edcgov.us/HumanServices/Cash_Aid_Services/Food_Stamp_Applications.aspx

Lake Tahoe Business Authority

530-541-5255

3066 Lake Tahoe Blvd. South Lake Tahoe, Ca. 96150

An Info center about businesses in Tahoe basin.

Lake Tahoe Chamber of Commerce

775-588-1728

<http://www.tahoechamber.org/>

Lake Tahoe Women's Center

530-544-2118

3140 Lake Tahoe Blvd. South Lake Tahoe, Ca. 96150

https://www.womenshelters.org/det/ca-south_lake_tahoe_womens_center

Mental Health- Lake Tahoe Outpatient Clinic

530-573-7970

1900 Lake Tahoe Blvd, South Lake Tahoe, Ca. 96150

<https://www.edcgov.us/mentalhealth/>

“Open” Tahoe Transportation

530-545-9488

P.O Box 13802 South Lake Tahoe, Ca. 96151

Non-profit, assist South Lake Tahoe residence with transportation.

Senior Nutrition Program (see Senior Center section)

530-573-3130

3050 Lake Tahoe Blvd. South Lake Tahoe Ca. 96150

Sierra Garden Apartments

530-596-0500

1801 Lake Tahoe Blvd. South Lake Tahoe, Ca. 96150

Low-income housing under Section 8.

<http://section-8-housing.credio.com/1/21123/Sierra-Gardens-Apartments>

Social Services

530-573-3200

3368 Lake Tahoe Blvd. Suite 100, South Lake Tahoe, Ca. 96150

8:00 am to 5:00 pm Monday- Friday. Food Stamps, general Assistance, Medi-Cal, Cal Works

Children Protective Services.

<http://www.edcgov.us/HumanServices/>

South Lake Tahoe Cancer League

530-573-1703

Offers services for cancer patients and volunteer opportunities.

<https://sltcancerleague.org/>

Tahoe Area Coordinating Council for the Disabled

530-544-1127

2572 Lake Tahoe Blvd. South Lake Tahoe, Ca. 96150

<http://www.tahoearcoordinatingcouncilforthedisabled.com/>

Tahoe Transportation District

530-541-7149 x3

1669 Shop St. South Lake Tahoe, Ca. 96150

Mailing: P.O. Box 8856 South Lake Tahoe, Ca. 96158

BlueGo services. In inter-regional transportation to social and medical services for Tahoe residence, priority to adults 65+years old and disabled persons. Schedules and maps available online.

www.tahoetransportation.org

Tahoe Transportation at Senior Center

530-542-6094

3050 Lake Tahoe Blvd. South Lake Tahoe, Ca. 96150

Lake Tahoe Senior Center offers FREE transportation for senior citizens and disabled residents of South Lake Tahoe.

Tahoe Valley Townhomes Apartments

530-541-7274

1055 Tata Lane, South Lake Tahoe, Ca. 96150

Temporary Assistance for Needy Families (TANF) Homeless Funds

530-573-3200

3368 Lake Tahoe Blvd. Suite 100, South Lake Tahoe, Ca. 96150

Veteran's Service Office

East Slope: **530-573-7955 x 5892**

West Slope: **530-621-5892**

3050 Lake Tahoe Blvd, South Lake Tahoe, Ca. 96150

Information on services/ benefits for veterans and spouses.

<http://www.edcgov.us/Veterans/>

Unemployment Insurance

California: **800-300-5616**

Nevada: **866-429-9757**